

Volume 4 Issue 19

HAPPY CANADA DAY!!

PAGE

TOP TEN LIST

HEALTH **& WELLNESS**

EVENTS, CLASSIFIED ADS SCAVENGER HUNT CONTEST

Tiana Poystila is loving the aromatic lavender at Sacred Mountain's Annual Lavender Festival. This year's event is Šunday, July 4 on Salt Spring Island. Page 4 for info. Photo in colour at: www.islandsmarketplace.com

WHAT'S INSIDE: Calendar of Events.....4 The Malahat Review.....5 Soft Plastic Recycling7 **Top Ten Things to Do** on Salt Spring Island.....8 Restaurant Review "The Marketplace Café".....9 Scavenger Hunt Contest....... 10 **Salt Spring Map......10** Ganges Map...... 11 Canada Day Word Search & Puzzle Page 12 Keeping It Reehl......13 Health & Wellness......15 Horoscope......16 Saltspring Soliloquies 16 **Summer Camps......** 17

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OUR NEXT ISSUE: FRIDAY, JULY 9, 2010 **Advertising Deadline:**

Tuesday, July 6, 2010 Circulation: 1800+ printed

Sandi's **QUICK TIP**

Fruit flies driving you buggy? Get rid of them quickly and easily by pouring about 1/4 cup white vinegar into glass. Add 1 drop dish detergent. Cover with plastic wrap and poke some holes in it. Give it a day or two and your fruit fly problem will be gone!

ANIMALS & ACCESS

Burmese Cat: The McLeods will be moving soon. Beautiful, gentle, loving, Champagne neutered male, indoor/outdoor. Looking for caring home. Very healthy. Shots up to date. Phone: 250-537-9225, 07-23

Mille-Fleur chicks from show winning unrelated(:) stock. Health, outdoor chicks raised with a hen. \$25 for 3, or \$10 each. Beautiful Banties! ("a thousand flowers"). Phone Caroline to view at Gander's Hatch Farm. 537-5761. 07-

Private sale of good quality tack. (Shut down trail ride service). Orthoflex saddles with pads, crupers, etc. \$750 each. (these are the most comfortable "rig" for your long suffering equine!). Work harness, bridles, tons of bits, cavessons etc. Call Caroline to view. 537-5761. -07-06

ANTIQUES

Antique aladdin lamps up to \$200 plus miscellaneous parts. Phone: 250 537-9774. 07-23

Antique round dining table: five standard chairs and one captain's plus sideboard. Antique chesterfield table with hand carved trim. \$150. Antique rectangular wooden dining table with leaves; five standard chairs and one captain's plus sideboard. \$750. Antique 56 piece dinnerware set; Wedgwood "Frontenac" design. \$100. 250-416-0608. 07-06

Small antique book table. \$75. 250-416-0608, 07-06

APPLIANCES

Whirlpool white washing machine in excellent working order and condition, compact 22" square plus waste and water hoses at back. (Cost \$800), \$100. Call 250-537-1427. 07-23

APPLIANCES

Medium sized Kenmore refrigerator, works well. \$75 obo. Phone: 537-9774

Kenmore frig about 20 sq ft good condition. \$175 obo. Phone: 250-537-9774.

Kenmore washer & dryer \$50/ both. 250-744-6979, 07-06

2008 White Kenmore 1.8 cu. ft. 1050 watts, over the range microwave, \$250. 538-8656.06-25

Air Conditioner - \$165. Portable, ideal for large bedroom or home office. Hiaer Model HPR09XC7, 9000 BTU, also works as a dehumidifier if you don't want the cooling. Complete with remote and window kit. On SSI. Phone: 604-616-9102.

AUTOS FOR SALE

1992 GMC Sierra 1500 4x4 Great truck, runs awesome. 238K Just got a new air filter, front diff. fluid and oil changed. November 09 had brakes done, new calipers and wheel cylinders, drums resurfaced, new shoes and ebrake cables, new battery. 2008 new water pump and fuel pump and tires. 2005 NEW TRANS-MISSION. Interior in great shape, lots of towing power with the V8. Also comes with a black canopy. \$4000 obo. Phone: 250-538-8834. 07-23

1969 Rover TC2000 3 cars, 2 drivers, 1 parts, package deal, trade for motorcycle, \$3500. 250-538-8444. 07-23

1965 194 6cylinder head, was running when pulled, needs rebuild. good for compression increase with a 250 or 292. asking \$200 motor also for sale. -Amv. Phone: 250-538-7840. 07-06

1984 Dodge camper van, 19' roadtrek, 318cc, power steering, oblique brakes, cruise, sleeps 3, 2 burner stove, fridge, flush toilet, fresh water tank, twin batteries. \$6700 obo. 250-629-3289. 06-25

Classic 1986 Ford T-Bird in good condition inside and out, 6cyl, less than 188 kms, sunroof, stereo. Very reliable transportation! Phone: 250-931-1008. 06-25





THE ISLANDS

301 Mobrae Avenue, Saltspring Island, BC V8K 1J7

Telephone: 250-537-2905 Toll Free: 1-877-537-2905 info@islandsmarketplace.com

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AUTOS FOR SALE

2005 Toyota Corolla CE, power doors, automatic, 4 doors, new tires, only 72,000K's, good condition, \$8500. 250-526-0530. 06-25

89 F250 good condition, idles ok has fuel delivery issue new rubber front and back 1000.00 firm or trade. Email: adam_smolcic@yahoo.ca. 06-25

PRICE REDUCED for Quick Sale: 1989 Trooper 4x4, 4 cvl. good tires with recent new head on motor. Exc. island vehicle. \$1200. 537-8969. TFN

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AUTO PARTS & ACCESS

Toyota 4-runner for parts. \$100 each -Two 22R motors, doors, hood canopy, etc. 653-9801. 07-06

Clarion Auto Stereo. Model DRB4675 AM/FM/CD. 4 Channel 4x45W. Detatchable Control Panel. Remote Control. \$50. Brad 250 931-1964, 07-06

3 tires from Matrix, 22k, 205/55R16. \$30 ea. Yakama Sky Box used once. \$300. Phone: 250-537-5278. 07-06

BIKES

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New bike, twist grip gear, new helmet & padded saddle. \$150. 537-5709. 07-06

Gary Fisher 21 speed mtn. bike. converted for touring. With slick tires front & rear racks, fenders, etc. Many upgraded components, includes lots of accessories, perfect for travelling or comuting/grocery shopping. \$300. 537-4514. 07-06

BIKES

Trek Calypso Classic bicycle. Aluminum Frame, 7 speeds, cruiser. \$230. Call 653-9899.06-25

BOATS AND MARINE

16ft. 2005 plywood wooden boat, with fiberglass, with movable cab, in Fulford \$350, 250-537-7197, 07-23

7.5 Evinrude Outboard Motor for sale. 2stroke.Recently serviced with New Water Pump & Spring Tune up. Runs Great! Comes with Gas Tank & fuel line, Selling only because we have a larger boat now. \$640. Phone: 250-537-4149. 07-06

Mini Tug for Sale - 21 foot Ranger Minitug. Excellent seaworthy vessel with 18 h.p. Yanmar diesel. Price includes Road Runner trailer. New bilge pump, starter motor and battery installed last year. Will cruise for one hour on one quart of diesel fuel. Sleeps two and could handle up to five fishermen at a time. Asking \$28,400. Phone 250-537-5224.. 07-06

2 westmarine 11 foot 9" patriot kayaks for sale, used twice, includes paddles and skirts. as new \$400 each firm. 250-653-0017.07-06

8hp Honda four stroke, long shaft outboard motor, off of sailboat, excellent condition. maintained yearly. \$900. 538-8414. 07-06

Cal 25', 3 jibs plus spinacker, honda outboard.needs minor tlc but vou can sail this boat away. \$4500 obo 250-537-8455. 07-06

FOR SALE: 8' Achilles inflatable soft-bottom tender, \$400. FOR SALE: 12' 2-station clinker-built rowboat, \$500. Please call Rod. 538-8304, 07-06

8' lapstrake FG sailing dinghy, complete Rig and oars. \$450. Monitor Self steering Vane complete with spares. Enquire. Phone: 250 537-5278. 07-06





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The Islands Marketplace CALENDAR OF EVENTS

FRIDAY, JUNE 25

Live Music with Planet Music at Moby's Oyster Bar & Grill. 8pm.

Norris Clement Jazz Trio at the Harbour House Hotel 6:30pm

Roller Blading at the Fulford Hall on Saltspring from 7:30 to 9pm.

EveryBody Stretch at Ganges Yoga Studio, 11am to 12pm. \$8.00

Prince of Persia at the Fritz Cinema. Call 537-4656 or visit www.thefritz.ca

SATURDAY, JUNE 26

Dad 'n' Me - Meet and eat pancakes with dads & kids at Family Place at 120 Park Dr. 8:30-10:30am 537-9176.

Saturday Market in the Park at Centennial Park in the Heart of Ganges, Fresh organic produce and creative local arts & crafts.

Rivers of Life event at Beaver Pt. Hall. Musical celebration to save rivers, coast and salmon. www.buteinlet.net

Saltair City Limits' presents Fab Fourever – Beatle Tribute www.fab-fourever.com at the Saltair Pub. Live music & BBQ! 250 246-5050 or 250 246-4942.

KC Kelly at the Harbour House Hotel 6:30pm

Lane 31 at Treehouse Cafe.

Pender Island Farmer's Market at Pender Island Community Hall. Local farmers, craftspeople and vendors: crafts of all varieties, and food.

Randy's Vinyl Tap Radio Show 7-9 pm on CBC Radio 1, Sirius Channel 137

The Mancubs at Moby's Oyster Bar & Grill. 7pm to 10pm.

SUNDAY, JUNE 27

Rainbow Road Pool - Twoonie Swim from 1:30 - 5:30. 537-1402 for info.

Jazz Night at Moby's Oyster Bar & Grill. 7pm to 10pm.

Peter Taschuk and Ian Van Wyck at the Harbour House Hotel 6:30pm

Peter Prince at Treehouse Cafe.

Barley Bros. at the Fulford Pub

MONDAY, JUNE 28

READING ROCKS! Summer Reading Club. Register at the SSI Library for your reading record. For children ages 6 - 11 years.

Happy Feet Howe at the Treehouse.

MONDAY, JUNE 28

Toastmasters Speaking at 7pm in the Crofton Room, Harbour House Hotel.537-2581. Guests Welcome.

EveryBody Stretch Ganges Yoga Studio, 12:30 - 1:30pm, drop in \$8.00

Parent - Child Drop-in, 9:00 - 12:30, at Family Place, 120 Park Dr. (Behind All Saints Anglican Church). 250-537-9176. familyplace@ssics.ca

TUESDAY, JUNE 29

Open Stage at the Treehouse Cafe with David Jacquest.

Gene Grooms at the Harbour House Hotel from 6:30-pm in the lounge.

WEDNESDAY, JUNE 30

Listen to The Alan Moberg Show, Wednesdays at noon 107.9 fm or www. cfsi-fm.com

Cover Girl at Moby's Bar and Grill.

Styrofoam and Soft Plastic Depot at the Country Grocer parking lot. Info: 250-893-8383. See page7 for info.

Music and Munch with Black Velvet Band at the All Saints by the Sea, 12:10pm

Planet Music at the Treehouse Cafe.

THURSDAY, JULY 1

Happy Canada Day!

Antique Car Show and Cake at the Salt Spring Elementary/Middle School Field.

Fireworks at dusk in Ganges Harbour

61st Annual Saturna Island Lamb Barbecueat http://saturnalambbarbeque. com/. The Canada Day Lamb Barbeque is held on the grounds of Hunter Field, adjacent to Winter Cove Park. Grounds will open at 10am. Opening Ceremonies, 11am. Meals will be served between 2 and 3pm. Please note -- absolutely NO DOGS will be allowed onto the grounds.

GREEK Cruise Night at Lito's Cafe. Souvlaki, greek salad and lemon roasted potatoes. www.litoscafe.ca

Live Music with Lane 31 at the FULFORD PUB- 8-11pm

FRIDAY, JULY 2

Rugg Huggers Baby & Parent Drop-In, 10:00-1:00 (includes light lunch) at Family Place, 120 Park Dr. 250-537-9176. familyplace@ssics.ca.

EcoNest Open House with EcoNest authors Robert Laporte and Paula Baker-Laporte, 699 Mt Belcher from 5PM to 7PM.Call 250-537-0076. FREE event.

FRIDAY, JULY 2

Los Morenos at Moby's 8pm.

Roller Blading at the Fulford Hall on Saltspring from 7:30 to 9pm.

The Karate Kid starts tonight at the Fritz Cinema. Call 537-4656 or visit www. thefritz.ca for times.

SATURDAY, JULY 3

Dad 'n' Me - Meet and eat pancakes with dads & kids at Family Place at 120 Park Dr, 8:30-10:30am 537-9176.

Centre for Child Honouring Picnic at Centennial Park, noon to 3pm. Music, refreshments and fun with Raffi! For kids of all ages. Bring lunch, backgammon & hats.

Saturday Market in the Park at Centennial Park in the Heart of Ganges, Fresh organic produce and creative local arts & crafts.

Pender Island Farmer's Market at Pender Island Community Hall. Local farmers, craftspeople and vendors: crafts of all varieties, and delicious food.

Randy's Vinyl Tap Radio Show 7-9 pm on CBC Radio 1, Sirius Channel 137

SUNDAY, JULY 4

Rainbow Road Pool - Twoonie Swim from 1:30 - 5:30. 537-1402 for info.

Islanders for Self Government rally at Centennial Park from noon to 3pm.

Sacred Mountain Lavender Farm's Annual Lavender Festival, 104 Musgrave Rd. 10am to 5pm. 653-2315.

Jazz Night at Moby's Oyster Bar & Grill. 7pm to 10pm.

MONDAY, JULY 5

Toastmasters Speaking at 7pm in the Crofton Room, Harbour House Hotel.537-2581. Guests Welcome.

READING ROCKS! Summer Reading Club. Register at the SSI Library for your reading record. For children ages 6 - 11 years

Parent - Child Drop-in, 9:00 - 12:30, at Family Place, 120 Park Dr. (Behind All Saints Anglican Church). 250-537-9176. familyplace@ssics.ca

TUESDAY, JULY 6

Open Stage at the Treehouse Cafe with David Jacquest.

Gene Grooms performs live at the Harbour House Hotel from 6:30-pm in the lounge.

WEDNESDAY, JULY 7

The Alan Moberg Show, Wednesdays at noon 107.9 fm or www.cfsi-fm.com

READING ROCKS! Summer Reading Club. Readers Roar! 10:30am at the SSI Library for your reading record. For children ages 6 - 11 years

THURSDAY, JULY 8

Malahat Revue Concert ~ Jeremy Fisher, Hannah Georgas, Aidan Knight and Said The Whale join together for an 8-piece performance. Artspring @ 8 pm. Tickets 250-537-2102. See page 5 for info.

Blues night with Gene Grooms, Paul Bram and Dave Roland at Mobys.

FRIDAY, JULY 9

Roller Blading at the Fulford Hall on Saltspring from 7:30 to 9pm.

Vancouver Island Music Fest in the comox Valley. info: www. islandmusicfest.com

Malahat Revue Concert ~ Jeremy Fisher, Hannah Georgas, Aidan Knight and Said The Whale join together for an 8-piece collective performance. Pender Island Community Hall. See page 5 for info.

Robin Hood & Kick Ass starts tonight at the Fritz Cinema. Call 537-4656 or visit www.thefritz.ca for times.

SATURDAY, JULY 10

Marketplace Magazine.

Dad 'n' Me - Meet and eat pancakes with dads & kids at Family Place at 120 Park Dr, 8:30-10:30am 537-9176.

Saturday Market in the Park at Centennial Park in the Heart of Ganges, Fresh organic produce and creative local arts & crafts.

80s Night at Moby's with Planet Claire
Pick up your next issue of The Islands

Saltair City Limits' presents the Powder Blues Band at the Saltair Pub. Live music & BBQ! 250 246-5050 or 250 246-4942.

Pender Island Farmer's Market at Pender Island Community Hall. Local farmers, craftspeople and vendors: crafts of all varieties, and delicious food.

UPCOMING EVENTS

Send your free community event to info@islandsmarketplace.com

** ALL EVENTS LISTED ABOVE ARE LOCATED ON SALTSPRING ISLAND, UNLESS OTHERWISE NOTED.

Advertise your event here! Email: info@islandsmarketplace.com for the next edition - July 9

Jeremy Fisher, Said the Whale, Hannah Georgas & Aidan Knight present The Malahat Revue - 'Bike to Work' Tour - July

BC-based Jeremy Fisher, Said the Whale, Hannah Georgas and Aidan Knight have come together, with a salute to the environment to form The Malahat Revue, an eight-piece musical collective that will begin touring their beloved province by bicycle on Thursday July 8, 2010 in Salt Spring Island (current dates listed below).

Conceived by Jeremy Fisher who has toured across North America by bike three times and at 33, doesn't own a car. Fisher endeavours to do as much as possible by bike. It's with that ethic in mind that The Malahat Revue will hit the road on their bicycles, playing six shows from July 8-18. With only a single support vehicle to carry drums and larger gear, the musicians will carry more portable gear with them, and rack up over 500 kilometers as they pedal from gig to gig in a little more than a week.

As well as hailing from Canada's west coast, the four acts that make up The Malahat Revue all share a love of Canadiana, drawing inspiration from their homeland and featuring local imagery in their lyrics. This isn't the first time these artists' paths have crossed: Jeremy Fisher was first introduced to Hannah Georgas's music when his wife saw the up-and-coming songstress at a local coffee shop in 2008. The two toured together in early 2009. Meanwhile, Georgas struck up a close musical relationship with Said the Whale, touring with the group and singing backup on last year's Islands Disappear LP. Victoria-based Aidan Knight is the only member of The Malahat Revue not from Vancouver, but his connection to the city is strong. He became involved in the local music community working with Hannah on her first demo tracks in Victoria, and Said the Whale frontman Tyler Bancroft offered to release Knight's debut solo album, Versicolour, via his own, newly-minted Adventure Boys Club label.

"I'm so happy to have a great group of friends and musicians to share the experience with this time," says Jeremy.

With eight musicians together on stage, playing a selection of favourites

from one another's back catalogues, it will be an unpredictable atmosphere of spontaneity and experimentation. One thing is certain: The Malahat Revue will be the greatest show made up of four bands touring on two wheels that you'll see all summer.

THE MALAHAT REVUE - JULY TOUR DATES:

Thursday July 8 – Artspring Theatre – Salt Spring Island, BC Friday July 9 – Pender Island Community Hall, Pender Island, BC Saturday July 10 – Sugar – Victoria, BC (*ON SALE MAY 15) Sunday July 11 – Duncan Garage Showroom – Duncan, BC



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BOATS & MARINE

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16' Canoe, Needs a lake. Fibreglass, Frontiersman. Very stable. Two paddles \$350.00 Elderly Aluminum boat with oars. Needs water, Asking \$375.00. Phone: 250-538-0082. 06-25

Wanted to buy: 3 axle boat trailer for 6 ton, 26 ft. boat with 8ft. beam 250-751-6141.02-19

BOATS & MARINE

15' fibreglass boat, fixer upper, offers. Call 537-2085, 06-25

BUILDING ITEMS

Kindred stainless steel single sink with strainer, single lever control tap; Moen single lever control tap for vanity. All for \$30, 250-537-1427, 07-23

Stainless steel double kitchen sink with tap 26x18 inches \$20. 250-537-5197. 07-06

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CAMPING

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CHILDREN'S/BABY ITEMS/TOYS

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Pink baby bouncy chair, music and vibrations, folds for travel, comes with carry bag. Excellent condition, \$30 obo. 537-2950.

COMING EVENTS

Friday, July 2 - EcoNest Open House with EcoNest authors Robert Laporte and Paula Baker-Laporte, 699 Mt Belcher from 5PM to 7PM. Join Robert Laporte and Paula Baker-Laporte. authors of EcoNest, at the site of their new EcoNest cottage - a natural healthy home made of straw, clay and timber. Call 250-537-0076. FREE event. Light refreshments served. Parking is limited. Please consider carpooling!

Malahat Revue Concert ~ Jeremy Fisher, Hannah Georgas, Aidan Knight and Said The Whale join together for an 8-piece collective performance. First show of their 500K Bicycle powered tour! Don't miss these Canadian indy music scene originators. July 8th at Artspring @ 8 pm. Tickets \$21 @ Artspring 250-537-2102. 07-06

Photo Lumiere: Five Salt Spring Photographers - June 24 - July 10 10:00 a.m. to 4:00 p.m. daily at ArtSpring Galleries. Five Salt Spring Photographers have pooled their talents to create a show of their latest and best work. For more information visit www.photolumiere.ca

COMING EVENTS

Crofton Market - Local Artisans, Beside Ferry Terminal from Saturday, May 1sttill Saturday, September 4th, 2010, 9:00 a.m. to 2:00 p.m. To Become a Vendor or For More Information croftonmarket@live. com. 250-246-8848 or 250-416-0542

Toastmasters of Salt Spring meet every Monday 7PM at the Harbour House Crofton room. Interested quests welcomed. Info:537-6934.

Breast Cancer Support Group, Call Teresa at 537-2259 or Deb at 930-5333.

COMMUNITY SERVICES

Narcotics Anonymous - 250-537-2790.

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DRIVING SCHOOL

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ECO-EXCHANGE

Couple will work on your farm in exchange for room/organic food/some cash/electric outlet for juicing. We are eager to learn. Open to ecovillage communities living off the land. firephoenix@live.ca. any gulf island would be great! aloha~

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> Mobile Soft Plastic & Styrofoam Depot <

By Valerie Williams

Salt Spring Island residents now have the ability to recycle soft plastic and styrofoam on island with Pacific Mobile Depots' (PMD) new mobile recycling depot. PMD, a Victoria-based recycling company with monthly mobile depot locations in thirteen communities in the Capital Regional District and Vancouver, is currently testing out the community response on Salt Spring Island for a user-pay soft plastic recycling depot.

Islanders can recycle a wide variety of soft plastics and styrofoam – ranging from plastic bags, styrofoam packing peanuts, foam meat and seafood trays, plastic pasta and frozen food bags to styrofoam cups and take out containers at the new depot, for a nominal fee per bag.

Locals can thank Marnie Slinn for the new mobile recycling depot. The Salt Spring Island resident took the initiative to get the service to the island when she created a petition to gauge the community's desire for a recycling soft plastic and styrofoam service on the island. The feedback was positive and, with the enthusiastic support of Paul Large from Country Grocer, the inaugural depot took place in the grocery store parking lot on March 31st.

"People here were used to recycling this material because the local depot used to collect it," explains Slinn. "I thought it would be good to address the change by replacing the service instead of it just not being available to us anymore. The depot may be a temporary 'fill-in' option for the next little while or it may become a permanent part of our recycling circle on Salt Spring Island...we'll see how it unfolds."

Zeb Pereira, co-owner of Pacific Mobile Depots was pleased with the initial turnout to the first depot. More than 130 regular size garbage bags of plastics were diverted from the landfill at the March 31st depot.

"We are very encouraged going into the next depot date scheduled for June 30th, as typically on the second depot dates, we've seen increases ranging from 20% to 350%. The largest second depot date increase happened at our University of Victoria depot that grew 350% in April of this year, from the opening date in March. We urge all residents to come out and break this all-time record," explains Pereira.

It is the community's degree of commitment to reducing waste that will make the new user-pay recycling depot a success and ensure the service

continues. Pacific Mobile Depots plans to visit Salt Spring Island every three months during the initial trial phase and set up their mobile recycling services in the Country Grocer parking lot.

"I think there is a lot of buzz right now about soft plastic recycling on the island. The depot will be a success if people use it. I truly hope people do use it," explains Slinn. "I feel it is so important to take responsibility for our waste on a daily basis and if the services are not available on island, most people do not have the time to research other options off island."

The next Salt Spring Island Soft Plastic & Styrofoam Recycling Depot takes place on June 30th (Wednesday) in the Country Grocer parking lot from 8:30am to 11:30am.

Residents should ensure their recycling is clean, dry and sorted. For a full list of items that can be recycled and fees per bag: http://www.pacificmobiledepots.com/

Valerie Williams is the editor of GreenMuze.com and believes in supporting recycling initiatives.





TOP 10

Fun Things To Do This Summer on Salt Spring Island

- Explore the shoreline in a guided paddle tour with one of our great Kayak & Adventure Tour companies.
- Relax and rejuvenate at one of our professional local spas or yoga studios.
- Hike in one of the island's many hiking trails... many leading to breath-taking beaches.
- 4. Take in the Marine
 Wildlife, search for orcas
 in a zodiac marine tour.
- Dinner or Lunch Cruises around the harbour or Gulf Island hopping.
- Go sailing with Lorenda Charters on their popular 4 hour sail tour.
- 7. Take in the sights and sounds of Salt Spring's Famous Saturday Market.
- 8. Art lovers can go on a Studio Tour or Gallery Walk with a local map from the Visitor Centre.
- Eat at our island's fabulous restaurants serving local organic ingredients.
- Rent a scooter and tour the island, searching for The Islands Marketplace Scavenger Hunt Clues. See contest on page 8

This is what I was thinking...

Summer is Here... Time for Fun!!

As summer approaches, school days coming to an end for the wonderful break. We as parents probably always fear the same words usually a day or two into the summer break.... "I'm bored." Most of us carry full time jobs that don't allow all of our time to be consumed with entertaining our children all summer long.

My boys and I start with the first warm day after school is out, when we set up our big tent in the yard.... This is a tent that takes a couple of people on the ends holding the poles, and the center has to rise up and by the

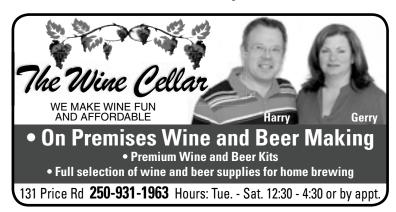
end of it we are all mad at each other but 5 minutes later they are throwing stuff in the tent.

During the heat wave last year we took the tv and dvd player outside on the deck, pulled the mattresses to the deck and watched movies under the stars. That would be my favorite memory of last summer and one of the first things out of my youngest's mouth when we were talking about the summer and what to do. He pipes up and says "Don't forget the movies under the stars."

My mom retired this year.... I hope she doesn't read this ar-

ticle... I have picked out Gramma Days for her but better wait to tell her how many. The boys love hanging with my Mom and I love the look on her face when I first drop them off....that look of horror and how long are you going to be, then when I pick them up....she has had the best day ever.

There are a lot of things to do on this island for kids 12 and under. There are summer camps but what to do for the kids over 12?? I know I won't get far with a chore list every single day... so what to do??? Well my plan is: chore list, see how much gets done, come home for lunch and after work beach time. Sometimes I tell them to go walk around with the camera. I love the pics!! They take pictures of the most bizarre things. We are lucky that St. Mary's lake is a 5 minute walk so I am thinking that swimming hole will get used quite a bit this year. Well good luck to the parents out there keeping their kids busy. If anyone has any ideas email me traceydragonfly@hotmail.com and I will post them with a follow up story to summer time.... Cheers and remember the sunscreen!!





adventures await in The Islands Marketplace

Recreation
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Section

More great island

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Published: Friday, July 9 Deadline: Tue. July 6

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THE ISLANDS MARKETPLACE RESTAURANT REVIEW: THE MARKETPLACE CAFÉ

Fine Dining is Affordable on Salt Spring Island

By Sandi Poystila & Teresa Forbes

When we entered the Marketplace Café, it was clean and quiet as the staff readied themselves for the dinner service.

We first noticed the pressed white table linens, fresh flowers, lit candles and warm ambiance, with elegant decor, eyecatching photography and art.

Leala, our server, brought us our menus and allowed us time to choose from the amazing selection of starters and entrees. We had a very difficult time deciding until she told us about the evening dinner specials.

Leala explained to us about the vacuum sealed process of cooking called "Sous Vide", which is French for "under vacuum". It is a method of cooking that maintains the integrity of ingredients by heating them for an extended period at relatively low and even temperatures. It is a newer process that is very popular in Europe, and used in the preparation of the evenings Sockeye Salmon Special.

Teresa and I were treated to a variety of tasty olives and warm french bread, which was very nice. I sipped on a glass of Pinot Rose from Salt Spring's Mistaken Identity vineyard, while our orders of Chicken Breast with spiced tandori yogurt and homemade pear, mango and apricot chutney, and wild Sockeye Salmon with Strawberry balsamic salsa were being prepared.

The staff at the Marketplace Café were great. As the restaurant began to fill with patrons, it was obvious that our server was starting to get busy but she was very patient and did not make us feel rushed at all.

When our food arrived it was an artful masterpiece of colours, textures and flavours. Each bite was a pleasure to savour the perfectly complimented sauces with the entree. The seasonal vegetables were crisp and cooked to perfection. I tasted Teresa's Chicken and Chutney and it was amazing, it melted in my mouth.

Owner and Chef Steven Overholt and his wife Amanda are proud supporters of local food suppliers, including: Salt



Spring Farm Food Link and Foxglove Farm, local vineyards: Garry Oaks and Mistaken Identity, and Salt Spring Island and Moonstruck Cheese and The Fishery, local wild fish and seafood suppliers.

The fresh Wild Sockeye Salmon was caught in Barclay Sound the day before by local fisherman, Arne Hengstler.

The portions were just the right amount to make us feel comfortably full, but left room to try a decadent dessert.

Although Steven mentioned the flourless chocolate cake, I did try a piece of Amanda's cheesecake and it really was one of the best I have ever tasted. Not too sweet or overpowering. Teresa had the lavendar infused creme brulé and she admitted that it was something she'd be back for more of.

We were very impressed with the quality of service and food - it was high end dining without the high end prices - moderate, in the \$20 - \$30 range per entree, and well worth every bite. Leala admitted she didn't often return any plates that weren't empty.

Reservations are recommended for larger groups and there is a licensed outdoor patio for ourdoor dining.

The Marketplace Café offers healthy enjoyable food, created by a very experienced and talented chef, whose high standards allow him to succeed in his restaurant business. Their support for local growers is setting a standard for healthy eating. With Steve's training in Vancouver, Whistler, Barcelona and New Orleans, he knows what people want and he delivers!









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Map # Business Name

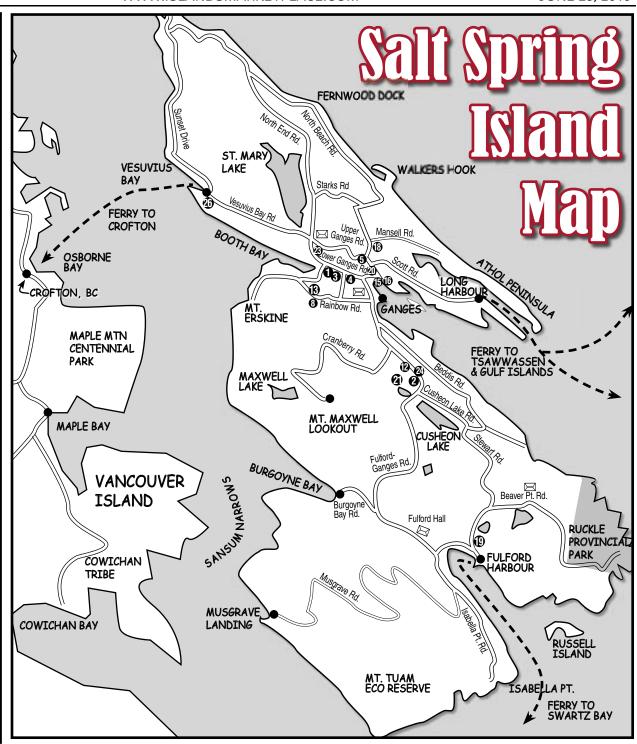
- 1) Country Grocer
- 2) Slegg Lumber
- 3) Lauries Waste & Recycling
- 4) Ganges Auto Marine
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- 7) Li Read Realtor
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- 9) Johnson's Auto Services
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- 11) Apple Photo Imaging
- 12) Paul Joyce Barrister
- 13) SSI Scrap Metal Recyclers
- 14) Amber Casa, Guest Suite
- 15) Harbours End Marine
- 16) Moby's Marine Bar & Grill
- 17) Mouat's Kitchens
- 18) Et Cetera Office Supplies
- 19) Island Kids Adventure Camp
- 20) Harbour House Hotel
- 21) Salt Spring Garbage
- 22) Marketplace Cafe
- 23) Falconshead Grill
- 24) The Wine Cellar
- 25) Saltspring Eye Care
- 26) Living Waters Media
- 27) Salt Spring Footprints
- 28) Mistaken Identity Vineyards
- 29) Island Escapades
- 30) Centre for Ecological Learning

MOBILE BUSINESSES:

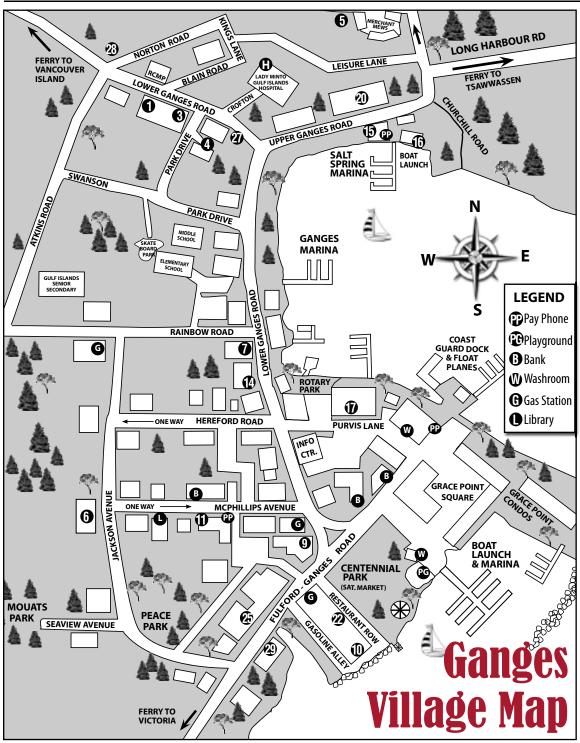
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- Recreation & Adventure
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- Guide to Great Galleries
- Summer Gardening Tips
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Answers on Page 18 of this issue

Island

Sabine Georgy

250-653 9785 sabine@saltspring.com

formerly Signs by Jill



The Islands Marketplace

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CANADA DAY WORD SEARCH

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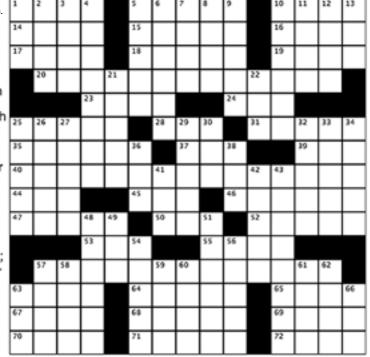
The Islands Marketplace CROSSWORD PUZZ

Answers are on pg18.

Across

 $Provided \ by \ Best Crosswords. com \ Used \ with \ permission.$ 1- Kind of prof.; 5- Ships' companies; 10-____first you don't...; 14-Listen to; 15- Adjust to zero; 16- Farm structure; 17- Organization to promote theater; 18- Lauder of cosmetics; 19- Islamic call to prayer; 20- Remove from government ownership; 23- Dog-powered snow vehicle; 24- Sportage maker; 25- Baffled; 28-Decoration at the top of a chair leg; 31- Weaned pig; 35- Brownish gray baboon; 37- One circuit; 39-_-mo; 40- One recording the past; 44- Hesitant sounds; 45- Gee preceder; 46- Willows; 47- With cunning; 50- RR stop; 52- Aristotle's teacher; 53-Lingus; 55-"Hard ____!" (sailor's yell); 57- Sympathetic; 63- Drink to excess; 64- Clock faces; 65- Yonder thing; 67- Analogous; 68- ____ Grow in Brooklyn; 69- Gaelic language of Ireland or Scotland; 70- Sugar source; 71- Peruses; 72- Obligation;

 Eureka!; 2- E-mail command; 3- Fill to surfeit; 4- Cut across; 5-Minotaur's home; 6- Live; 7- This, in Tijuana; 8- "Pure Guava" band; 9- Meat; 10- Book of the Bible; 11- Effervesce; 12- Winglike parts; 13- Freight weight; 21- Budget alternative; 22- Fleur-de-___; 25- Pains; 26- Pierce; 27- Fresh; 29- High up; 30- Joplin song; 32-Milo of "The Verdict"; 33- Attentive, warning of danger; 34- Trunk; 36- 100 square meters; 38- Debate side; 41- Conditions; 42-Colorado resort; 43- Crested; 48- Bewail; 49- "Sure thing"; 51-Arrested; 54- "M*A*S*H*" name; 56- Misplaces; 57- King of pop?; 58- Mayberry moppet; 59- Locale; 60- Franklin D.'s mother; 61-Drive-___; 62-3:00; 63- Bar bill; 66- Mystery writer Josephine;



FREE ITEMS

The Islands Marketplace offers free ads to non-commercial advertisers, for a duration of 3 issues. Leave a message at 537-2905 with ad description, phone number and category heading; email your ad to freeads@islandsmarketplace.com; upload your ad: www. islandsmarketplace.com; drop it off at our Apple Photo Drop Box or see page 2 for mailing address. Most For Rent and Help wanted ads are considered to be commercial listings. Rates for commercial ads are 20 cents per word or \$7/column inch.

FURNITURE

Single bed, mattress & boxspring, Sears Orthopedic, in excellent condition, almost new, with topping and 2 sets of comforters & sheets. \$150. 537-2292. 07-23

Desk- Solid Oak; drawers and 2 file drawers. Phone: 250-537-9225, 07-23

Small antique book table. \$75. 250-416-0608. 07-06

Very surdy wooden rocking chair. \$100.00. Phone: 250-416-0608. 07-06

House consolidation sale. Three dining room tables -1 oak (\$450) 1 newer teak(650) 1 older teak with 4 chairs (400). Also, high end love seat & sofa(400), glass end table(50), two paintings, & single bed with comforter (75). May be viewed Sat., June 12th (9:00 a.m to 1:00 p.m) @ 112 Teal Place. Tel. 537-5224.. 07-06

Metal framed futon sofa bed, \$100 firm. 537-8455. 07-06

Kitchen table and 4 chairs, good shape, \$75. Phone: 250-5375278. 07-06

Lazy boy recliners, \$250 for two. 537-5444. 06-25

Queen hidebed, florel tones \$50. Phone: 250-653-4386. 06-25

freeads@ islandsmarketplace. com

GARAGE SALE

Massive Garage/Moving Sale. Sat. June 26, 9am - 3pm 284 channel Ridge Dr. Large amouns of toys, furniture, books, clothes and sports equipment. Lots and lots of everything!!. Phone: 604-506-0077

Garage Sale - Sunday June 27 - 9am to 12pm. Lots of kids stuff, mainly girls /baby toys, baby girl clothes, some odds & ends of household items, office chair, stroller, kids picnic table. 301 Mobrae Avenue.

GARDENING

8' light green umbrella, Brand New. \$99 home depot. Asking \$65.00. 537-9981.

GRAPHIC DESIGN

Islands Marketplace does graphic design. Creative, professional, experienced and affordable. Call 537-2905 or email: info@islandsmarketplace.com

HEALTH & WELLNESS

Commode "3-in1" pale grey, adjustable for height and purpose; 1. independent toilet with back and arms. 2. frame back & arms high seat over house toilet 3. Safety frame back & arms over existing toilet. (Cost \$100) \$25. 250-537-1427. 07-23

Massage bed, electric towel heater, facial steam machine, \$300 for all. 537-5444. 06-25

Rife Energy a new way of experiencing healing, 537-2259.

HELP WANTED

The Islands Marketplace is looking for a Crofton Resident who is able to deliver magazines and visit clients during the summer months. Part time casual position. Wages are negotiable with experience. Computer skills essential. Email: info@islandsmarketplace.com.

Looking for extra help cleaning our beautiful rental cottages, most Fridays, July and August 10am - 2pm (approx). Good rates paid - please call Sally at Maracaibo 537 2878. 06-25p

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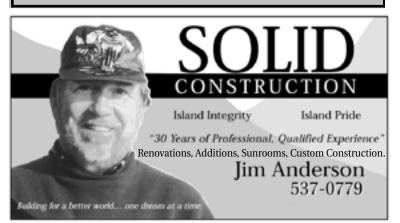
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Living With... (and loving) Birds

I have been in love with animals since I could walk – Wow! That's a long time ago – and Lord only knows I love them even more now. Whenever I watch television I literally have to change channels or I cry my heart out if I see anyone

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hurting an animal. If only people would realize, they are a lot like us, except they were not gifted with speech, except for some parrot species.

Being born in Africa I have so enjoyed spending time with natures creatures. Animals seem so simple, pure and wild in their habitat. We humans can learn a lot from them.

When you take time to give love to an animal, they almost always give love back with no strings attached, and there is always a simple, uncomplicated reason if they hurt you. They never hurt or kill for sport and are always dedicated to their mate - especially birds.

Well! In my life I have had monkeys, chameleons, snakes, lizards, tortoises, cats, dogs, teddy bear hamsters and all manner of wild and unusual animals as pets, Oh boy! What an experience! And you know what? It never ceases to amaze me how intelligent and wonderful creatures they all are.

At home I have three birds. "Peaches" who is yellow and a little white, and "Bandit" a 'new comer' who is grey and white. Both are cockatiels. Now my third is green napped Lorikeet who is named "Pretty Boy." Believe me - He is gorgeous, and actually speaks and converses with me, and I don't mean he mimics like parrots do. We actually talk with each other.

Birds can be a lot of trouble, and can be mischievous and messy – but always lovely companions. When I say messy! I simply do not have the heart to cage them up. So they more or less have the whole house as their home. Be aware of open windows and doors... I always introduce the outdoors to my birds ' in a cage' so that they get use to their surroundings. That way, if they get loose, like Peaches has done sometimes, they seem to stay close because the scenery is familiar, and they know their way back home. All of us pet owners know what sort of companion we have and they mean the world to us. They bring us so much joy and happiness. Animals are very therapeutic for the old and the young.

Be patient with them, try not to abuse them. They, unlike people, don't hold grudges. They come right back, forgive and love you always.

If you try to stay close, be observant and pay attention to your pet, you'll find that they communicate with you and love in so many ways. Enjoy them! I know I do. I am so lucky and am a better person for the time we have shared together.

If you are eating like a bird, here is a recipe for a dynamite, delicious, invigorating, fresh and succulent salad. Yummy! ~ Georgiana

Succulent Salad Recipe

- 4 cups of spring salad mix.
- I 1/2 cups of small grape tomatoes
- 1 green, 1 yellow and 1 red pepper cut up into small strips
- 1 can mandarin oranges (drained)
- 1 cup fresh blueberries
- 1 fresh mango chopped
- 1/2 oz smoked gouda cheese cut in small strips
- 2 cups baby spinach
- 5 baby cucumbers diced
- 1/2 yellow onion sliced
- 1 fresh avocado sliced
- 1/2 cup fresh raspberries
- 1/2 cup chopped cashews
- 1/4 cup crumbled feta cheese
- 4 oz blue cheese crumbled

Toss the ingredients together and add the salad dressing of your choice...perhaps ranch or thousand island. (I prefer just fresh lemons juiced over the salad and salt to taste.)

Serves 4 people ENJOY!!

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The Rawsome Café Offers Fresh Healthy Eating in new Drop In Café

Jim Maurice of The Rawsome Café is now offering NEW Drop-in Rawsome Kitchen Times for those who want to try raw food but can't commit to a specific Workshop or dinner setting.

In July Maurice is also offering a Light and Healthy Living Workshop and Indian-inspired dinner for those who want to try raw fine dining and learn more about eating raw foods and becoming more healthy.

NEW! Drop-in Rawsome Kitchen Times -Starting Thursday July 8 - 11 a.m. to 3:00 p.m. - Drop In

Through July and August, every Thursday, the Rawsome Kitchen will be open.

Available on site:

- Shots of wheatgrass from Salt Spring Island Wheatgrass Green Smoothies
- Soups, chilies, pizzas, salads, crackers, pates, ice creams, and chocolates.
- ALL RAW (may contain nuts/seeds-wheat-free) All rawsome.

July 11 - WORKSHOP: Light and Healthy Living - 1-4:30 pm. \$55 or \$100/couples - Reservations are required in advance.

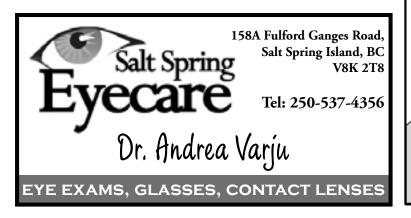
Learn how to sprout your own wheatgrass and other greens, how to make fermented foods like cheese, yogurt and sauerkraut, and how to make a tasty light and nourishing sprout salad, energizing soup and crackers.

July 17 - Not A Café - Indian-inspired Dinner - 7:00-9:00 p.m. \$35/person - Reservations are required in advance.

This delicious indian-inspired menu will include:

- Garlic Non-Bread with Mango Chutney
- Crisp Green Salad
- Vegetable Curry
- · Creamy Spinach
- Mushroom Masala
- Chocolate-Chai Cheesecake

To reserve or if you have questions, please email me or phone Rawsome Living Foods located at 854 Long Harbour Rd. on Salt Spring Island, BC. Phone: (250) 537-2048 rawsome@shaw.ca









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SALTSPRING SOLILOQUIES

""Learn to Care""

By Jim Anderson

must somehow create a radical change in our human consciousness beneath everything we do. We cannot rescue humankind from a death march to oblivion unless we reach a higher and more evolved consciousness in the collective human mind. Beneath the surface everywhere that metamorphosis is secretly beginning. But we all must find a focus to unite our life force around if we are to succeed. The heart center of that unison must be that as human beings we must learn to truly care. Beyond the circle of our own separate, isolated and self-centered lives we must learn to care for one another, and for this beleaguered planet with the same obsessive intensity.

It is the ancient Golden Rule, and we still have not learned how. We

To truly save our planet we care for ourselves first, all of us. And all inhumanity, chaos, brutality, exploitation and ignorance ultimately stem from the fact that we still have not been able to expand our minds to resolve this primal duality. We still have not learned this lesson. In our world, today, it is still sadly..."Survival of the fittest." "Bottom line." "Look after Number One." "Me first." Profit, power, privilege and selfish gain still rule over making every life worth living on this planet.

> Nothing has really changed. And now the situation has become critical. Our order and stability are disintegrating. Our society is collapsing. Our knowledge and technology are becoming irrelevant. All of us now are staring at the stark truth that we have wasted our planet to the point where life itself is in peril. The unavoidable truth is that our civilization

Jim Anderson is a writer livingon Saltspring. He is working on a metamorphosis of the human mind. © 2005 by Jim Anderson, Saltspring Island

today is careening towards extinction. And it is more than any one of us individually can deal with. The only chance we have is to face this oncoming catastrophe together. Every human being on this planet galvanized as one life force. Together. This we have never been able to do, in all history. It has simply never happened before. And it has now become a desperate problem. So, we need something new. A new way of being human on this planet. A metamorphosis of the human mind.

We must find a way to solve this eternal problem. Human beings must finally learn to care for something beyond their own discrete and selfish lives. We must find a pathway beyond that primitive ignorance. We must stop manipulating, exploiting and deceiving each other and stop contaminating our world with that destructive ignorance. We need to evolve

a higher consciousness where the ensemble, not the isolated, separate piece is most important and priceless. We need to crystallize upon the glorious potential of human beings on this planet that are now wasted and consumed. We need to expand communication, compassion and humanism into a new dimension where life itself can be shared. We must find a way to live together in peace. All of us must now recognize that we simply do not care enough now. And that we either learn to truly care or we perish. We can make human life and all life sacred on this planet. We can reach a higher, global consciousness. Reach out for each other and learn to care. Together we can remake our world, and save this planet. Hand in hand we can save Humankind.

Join this Crusade, Now.

Comments, criticism, compliments? Talk to me: sevenunion77@shaw.ca

The Islands Marketplace

For your daily stars, personal horoscopes & more visit www.patrickarundell.com

Bi-weekly horoscope contributed by Patrick Arundell. Visit his website at www.patrickarundell for more great features... see below.

ARIES Mar 21st - Apr 20th

It's Venus turn to move homes, gliding, ironically for you, into your home sector. And making your abode that bit more comfy can certainly be a clarion call in the week's to come. If you already have a stylish pad, laid-out just as you wish, a spot of redecoration may be in order. Your garden can also become more of a sanctuary. Time with the family can be blessed.

TAURUS Apr 21st - May 21st

This week sees a major planetary alignment - combining both a Lunar Eclipse and a T-Square. A lot of people are going to be competing to get their voices heard, but because of this things can be said in the blink of an eye, that would be better not said at all. If you feel yourself getting excited in all this babble, just try to stay as composed as possible.

GEMINI May 22nd - Jun 21st

Sociability and friendship have come very easily to you of late. But just because people seem fun to be with, as you get to know any new friends better, you may also start to see less positive aspects of their nature. A lack of generosity or sharing can be one that comes up this week. Equally, you can find yourself fancying someone who's not available.

CANCER Jun 22nd - Jul 23rd

Your desire to do as you please can clash with a partner's desire for you to do that they want! Now, if you can meet each other in the middle, and be a bit more flexible, the chances are that you can achieve a really good, if not perfect balance. With your ambitions high, you may also want a loved one to remain resolutely supportive. Don't assume this.

LEO Jul 24th - Aug 23rd

You might not like people seeing your weaknesses Leo, but that doesn't necessarily mean that it is a bad thing to show them. Why? Because you may be coming across more aloofly and self contained than you really feel. How can people react to you in a warmer and more caring way, if you don't let them in? Perhaps it's time to lower your quard and trust.

VIRGO Aug 24th - Sep 23rd

Whatever hopes and dreams that you are pursuing, there may be some sacrifices that you need to make, to achieve them. And that may not be easy, because some of things that you may need to put to one side, may be those that you enjoy. For example, time for socializing may go by the by. But just how much do you want this success, that's the key?

LIBRA Sep 24th - Oct 23rd

You're much better at taking on responsibilities than people think. Sure, you can be a bit indecisive at times, but that's not such a bad thing because you realize that some issues need to be carefully weighed before finally making your mind up. And you can also be very fair. Now you can be much more in demand, but don't expect too much down time.

SCORPIO Oct 24th - Nov 22nd

Keep an overnight bag packed Scorpio, because you may be about to be whisked off on a business trip or replace a mutual friend who pulls out of a weekend away. You may also have to make some snap judgments regarding business deals. Anyone you find tricky to get along with, should be treated with caution. Sign contracts only after deliberation.

SAGITTARIUS Nov 23rd - Dec 21st

Try to be equitable in your dealings. If you put your interests above others - especially around finances, it could cause a rumpus. Pluto is stirring mischief and there is also a Lunar Eclipse. If however, you are straightforward, this can be a time of great improvements. In relationships, however much you love freedom, the best ties do require some commitment.

CAPRICORN Dec 22nd - Jan 20th

The emotional and home sector of your horoscope is very restless. This means that if you are feeling unhappy in any relationships, you can look to new people or a new person, to solve any crisis. This may work out for you, but some of the pattern you may be trying to escape from, could be coming from yourself. Look before you jump from frying pan to fire.

AQUARIUS Jan 21st - Feb 19th

There is fantastic, exciting element to your solar horoscope, but it also comes with some pitfalls. Most notable of these, is the temptation to overdo things. Resting may seem dull, but quite simply Aquarius, you are not a machine. If you treat your body like one, just occasionally it can become jammed. Take some time out. Rest. Create the space to breathe.

PISCES Feb 20th - Mar 20th

Just how much money are you going to throw at the dashing romantic possibility? While you spend, spend, spend; ask yourself, will it bring you any gratification? Then again, your love life may be settled, but you can find that your desires have rarely been higher - as far as retail therapy or rich foods. Without checking, you may soon pile on the pounds.

• Love ~ Romance 2010 • Health ~ Fitness 2010 • Work ~ Wealth 2010 • Myths and Legends • Leisure ~ Pleasure 2010

Gulf Islands Centre for Ecological Learning - A Decade of providing experiences in nature for all.

It has been 10 years since the Gulf Islands Centre for Ecological Learning was conceived and during this year (2010) we will surpass the 1000th participant in our various programs. This to us is a great record and we would like to celebrate the occasion with all our partners, parents, grandparents and children who have been part of this great adventure. So, please mark down October 22, 2010 as the day to help us celebrate a decade of nature-based education.

Tentative plans are in the making and there will be both day activities and an evening event on Salt Spring Island. We will keep you apprised of developments and formal invitations will be sent out as the date draws near. Or, please consult our website at www.gicel.ca or email gicel@gicel.ca.

Whatever plans you do choose to make for your school aged children over the summer months, it is easy to agree that summer can be one of the best times of their lives.

Whether it is all about just hanging at the beach, or getting involved in a specific program that keeps their minds and skills keen, there is lots of fun pretty much wherever a kid goes.

Putting your child in a summer camp can seem to be expensive, but it is an extremely valuable investment in experiences and memories for them for years to come. Making new friends and sharing in new activities are

highlights that most kids will excitedly share with you every day they come home with smiles ear to ear.

We are fortunate to have such great programs and facilitators on Salt Spring Island for our children:

GICEL

Island Kids Adventure Camp Acoustic Planet Music School Creative Fire Studio Clay Camps Friendship Fundamentals Camp Colossal Island Escapades & more not listed here...

Island Kids Adventure Camp

still has room for you!

This is a summer camp for kids that will be based out of Fulford Elementary School. We will be having FUN exploring, playing games, and developing team and individual skills in lake, ocean, forest, and mountain environments. The camp is for kids 5-12 years old that love to be outside! It is running July 5-16th, Mon — Friday, 8:30am 4:00pm, and costs \$150/week.

For more info visit our website www.islandkidscamp.ca and contact Olivia Morgan and Margo Milton at olivia@islandkidscamp.ca or 250-653-0015.



art & theatre • supported by exp

Still some spaces left in our Summer Adventure Camps for Kids

www.islandescapades.com

Phone: (250)-537-2571 Toll Free: 1-888-KAYAK-67

~FRIENDSHIP~

FUNdamentals

Friendship FUNdamentals enhances friendship (social) skills, helps improve communication (pragmatics), teaches self regulation (reducing interfering behaviors) and ways to reduce anxiety. We also focus on motor skills and sensory issues.

Through drama, art, music, games and various outings we have FUN in an inclusive setting.

Ages 5yrs up. Camp runs 9am to 4pm Monday to Friday beginning July 5th. Camp cost is \$125 per week.

For more info and a registration pkg please email me at jaimehh3@hotmail.com or you can pick up a registration pkg at The Salt Spring or Fulford Elementary School Offices. The program is: • all outdoors • hands on • science, music

Centre for Ecological Learning

Summer Earth **Education Programs 2010**

Our Summer Ecological Exploration Program (SEEP are held on Salt Spring, Pender, Mayne and Saturna islands within the Southern Gulf Islands. We have dynamic adult leaders & amazing youth mentors.

~ 2010 SCHEDULE ~

- Salt Spring Island July 12 to July 30, 2010. Contact Jessica Reveley (jreveley@sd64.bc.ca)
- Pender Island July 12 to July 16, 2010. Contact Julie Johnston (greenhearted@shaw.ca)
- Mayne Island August 2 to August 13, 2010. Contact Jessica Willows (jwillows@sd64.bc.ca)
- Saturna Island August 16 to August 20, 2010. Contact Jessica Willows (jwillows@sd64.bc.ca)

Visit our website at www.gicel.ca or email gicel@gicel.ca.

The program is: • all outdoors • hands on • science, music •

HOME IMPROVEMENT

To those people that I have house painted, many thanks. To those people that would like to have their house painted, inside or out, reasonable rates, please phone Keith, eves at 537-9169 or Teresa days, cell: 737-7688. 03-05P

HOROSCOPE

Learn about your lovelife, health, work and wealth in 2010. Have your personal horoscope emailed to you. With over 12 years experience, astrologer Patrick Arundell provides intelligent, accurate and unique insight into the ancient craft of astrology. Visit www.patrickarundell.com for accurate daily and weekly horoscopes, anytime. Check your horoscope online at: www.astrology-enterprises.com.

HOUSESITTING

Married retired teachers leaving Egypt after a hot, dusty year are seeking a rainy winter on Saltspring caring for your home as lovingly as if it were ours. Available September through to summer 2011. Email: jdelparte@gmail.com. 07-23

Email your free ad to: freeads@islandsmarketplace.com

MISC. FOR SALE

"Oriental" 11' long wool rug (hall runner). Design in light, soft colours. 250-537-1427. 07-23

Suh-mar compact composting toilet system. Never used. About same size as water toilet. Easy to install. New price over \$1200. Asking \$950. 250-537-0612 - pm. 06-25

Brand new Hunter ceiling fan still in the box. Osprey# 28496. White, 3 blades, clean lines. Paid \$271 at Home Depot. Yours for \$100. Phone: 537-4311, 06-25

Huge umbrella, sunshade. I have a mint condition Envirodesigns Pendelax V+Sunshade for sale. Recently moved from a home with a large deck into a condo. No room for this beautiful and useful umbrella. The Umbrella is Grey and white in color I paid \$2,400 +tax for this. I am letting it go for 1/2 price!! It is made of commercial grade materials and is in superior condition, always covered at night and stored inside in the winter. See www.envirodesigns.com for information and pictures. Phone: 250-882 1026. 06-25

MOTORCYCLES

Honda passport, 1981, 2600kms only, exc. condition. Scooter, perfect for the island. \$1150. 537-2623. 07-06

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gravel, sand, crush rock soil, fill, brush, stumps, landscape, rock demolision, excavations, driveways landscaping, rock walls, block walls, landclearing, hydro and waterlines, drainage, fence posts

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CROSSWORD PUZZLE ANSWERS
Answer for this issue's puzzle
Provided by BestCrosswords.com Used with permission.



MOTORCYCLES

~69 Harley Davidson FLH~ 47,818 original miles. All matching numbers. Generated bike with original cloth wiring and drum brakes. New HD tires. New Battery. Original white solo seat and matching tour box for the back rack. Won in the Show and Shine Vintage class. With collectors plates, I pay \$217 a year for insurance. If you are an Old School rider than this Old Shovel is the bike for you. Email: lazacre1@telus.net Or Call 250-713-2227. Phone: 250-295-3633. 07-06

MUSICIANS

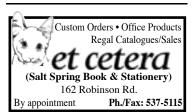
Local Musicians! Get listed Online in The Salt Spring Musicians Directory. It's Free! Go to www.vollent.ca/salt-springmusiciansdirectory or email dvollrath@saltspring.com with your contact info.

OFFICE ITEMS

Filing Cabinet- solid oak; 2 drawers; \$25. Phone: 250-537-9225. 07-23

Konica/Minolta Digital Printer/Copier with folding/stapling finishing tray. Full colour and black and white. Will print on cardstock, plain or recycled paper, up to 11x17 size. Works with Windows XP easily. plugs into regular socket. Comes with Fiery harddrive and extra colour toner cartridges. Approx. 30" x 66" x 60" in height. in size. Older machine but works great for home office. Great service from Minolta. Very affordable at only \$650 firm. Call 250-537-2905 or email: info@islandsmarketplace.com for photos and details.

OFFICE SERVICES



SUDOKU ANSWEP

8	4	6	7	2	3	1	9	5
7	2	9	5	8	1	3	6	4
5	1	3	4	6	9	8	2	7
1	5	7	2	4	6	9	3	8
6	8	4	9	3	5	2	7	1
9	3	2	1	7	8	4	5	6
2	9	5	8	1	7	6	4	3
3	7	1	6	9	4	5	8	2
4	6	8	3	5	2	7	1	9

REAL ESTATE

Newly updated strata duplex close to town, 2 bedrooms, 2 baths, 1250 sq. ft. plus attached garage, offered at \$369,900. 250-538-1763. Please email elenel1@telus.net. 07-06

RENTALS

Ocean and mountain views, south facing 2 bedroom + den in Vesuvius. Unique character with stained glass, new bath, floor coverings and paint. Need caring, professional meticulous long term tenant. N/s, N/p, Electric heat. \$1200/month. 250-744-6979. 07-23

California rental, Nov. and Dec. of 2010. 2 bdrm double wide in Tri Palms park in Thousand Palms. \$1500/month. Call Connie Hardy at 250-537-5197. 07-06

2 BR condo in Pacific Gardens Cohousing Community, near VIU in Nanaimo. \$950/month. Request 2 references. Call Judy at 250-323-1969. 07-06

RENTALS WANTED

Responsible woman with regular income is looking for small cabin, very rustic, off grid ok. for long term rental or spot to park RV with elec. & water hook up. Price neg. (250) 538-8033. 07-23

Working couple from Galiano looking for 1-2 bedroom rental for Sept-June on a long term basis. 250.539.9881. 07-23

Seeking 2 or 3 bd dwelling for mid-30's mom and two kids age 13 and 7. Respectful family, mind our own business. Own car. Guaranteed income, rent always paid, bills always paid. No parties, booze, drugs or dogs. Up to \$1000/mo incl. W/S or F/P preferred. Laundry facilites a plus. Been on SSI 5 years, known in community, good rep., references if needed. Seeking for Sept 1 / 2010 (or Aug.1/2010) 250-653-9835. 07-23

We are a young couple looking for a place to stay for the summer while working on Galiano. We're open to a variety of arrangements, basement, cabin or treehouse. Please contact us if you've got something available! Thanks, Hayley and Scott. Phone: 250-385-0972. 07-23

1-2 Bedroom Accommodation required for family of 4 relocating to Saltspring to be close to family. Quiet, mature, professional. Island references available. Long term for \$1000/month or less for August 1st or sooner. 1-250-537-9369. 07-23

Responsible woman with regular income is looking for small cabin, very rustic off grid ok, for long term rental or spot to park RV with elec & water hookup. Price neg. 250-538-8033. 07-06

Required for June 1, one or two bedroom for mom and daughter. Great references, quiet clean, respectful and employed. Please call 538-7663. 06-25

RENTALS WANTED

3 bedroom rental required asap for professional woman and 2 well behaved teenage daughters, non smoking, no partying email thefirm@kootenaylawcorp. com Phone: 250-417-4678. 07-06

Mature, responsible married couple with 2 children seeking 2-3 bedroom, long-term rental for \$800-\$900/month. Non-smoking, 1 cat. References available. Call Ana or David. Phone: (204) 256-6347, 07-06

We are a professional couple from Galiano looking to rent a cottage or house for the school year. Please call Rob or Marie. Phone: 250.539.9881. 06-25

Required for June 1, one or two bedroom for mom and daughter. Great references, quiet clean, respectful and employed. Please call 538-7663. 06-25

RVS & CAMPERS

1995 Flagstaff Tent Trailer. Sleeps six, indoor/outdoor propane stove. Awning and screen room attachment, and stabilizer jacks. Easy to tow, set up and take down. \$3000. 250 537-0724 (no calls after pm please). 07-06

1999 Aero 23RB Trailer - Great Condition, sleeps 4 with Queen Bed, Shower, stove, micro, A/C, On Saltspring Asking \$8500 OBO. Email: carolomstead@gmail.com. 07-06

Top of line Titanium fifth wheel, base 29' effective length 34' 1 slide, fully loaded \$25000. Phone: 250 537-8398. 07-06

1999 Aero 23 ft Travel Trailer. Great Condition with AC, awning, toilet, tub shower, fridge, stove, micro. Sleeps 4. Light weight. Great for travel or as a guest house. On Saltspring. Email: carolomstead@gmail.com. 07-06

1984 Dodge camper van, 19' roadtrek, 318cc, power steering, oblique brakes, cruise, sleeps 3, 2 burner stove, fridge, flush toilet, fresh water tank, twin batteries. \$6700 obo. Call 250-629-3289. 06-25

Call 537-2905 to place your ad today. 100% locally owned & printed on Salt Spring Island.

SPIRITUAL

"Hold Fast Thy Word" **Airs Sunday mornings SALT SPRING RADIO**

10am - 10:30am CFSI 107.9FM www.cfsi-fm.com

7:45 - 8am on KARI 550AM dial www.kari55.com

SPORTING GOODS

Adidas golf bag. Never been used, tags still on. Navy blue/white. Was \$250. selling for \$50. Call Amy. Phone: 250-538-7840.07-06

TOOLS

Tool Package: 10" table saw, 12" band saw, 12 1/2" planer, 6" jointer, 25 gallon compressor. All with manuals. \$1500. Phone: 250-537-9990. 07-23

WANTED

French Bohemians Georges & Cerika are looking for Motor home parking location in exchange for help, services and/or \$ -Will to share & nurture win-win situations - Words are limited. Meet us at site #40 Mowhinna campuround. Saturday Market ("Bohemian Arts" booth) or phone# 951-263-4940. 07-23

Wanted: one free wheelbarrow in pretty good shape needed for community garden. We thank you! Please call 537-4562.

Needing paddle for black & decker bread maker. 250-537-5197. 07-06

VENDORS AND VOLUNTEERS WANTED! Salt Spring is having a TOY RUN! This is a fundraiser for the Children of Salt Spring. The idea is to get motorcycle enthusiasts to strap new toys on their rides and then tour the island with them. After which we eat, dance and drink. All toys and money raised will go to Children on Salt Spring. The date of the run will be Sat.Aug. 28th and 29th. Anyone interested in a Vendor spot or Volunteering for a couple of hours, please e-mail Lori at: msmagoo239@telus.net

Dave Phillips "When in Doubt... **BLAST** it out"! Bus: 537-2618 Cel: 537-7481

WANTED

Wanted - Gently used loveseat or divan from a non-smoking home. Phone: 250-538-1911. 07-06

Wanted - single foam mattress wanted for camping. Must be from non-smoking home. Phone: 250-538-1911. 07-06

WORK WANTED

Trustworthy reliable Saltspring woman (60). Caretaker. Home property, pets, artist assistant, live/work or housesit. Long term. Island resident with references. Start July 1st. Email: starwalkergray@netscape.net 07-23

Housecleaning now avail. \$20/hour. 250 537-0239, 07-23

Detail oriented and highly responsible American/Canadian/Italian seeks situation as custodian or sitter for your hotel, home or boat this winter. References and curriculum gladly furnished upon request. Please contact: Steven R. Kronenberg lacornucopia@sideralia.it. 07-23

Father and sons grass cutting, by the hour or flat rate. Fire season is coming, keep it short to reduce the hazzard. Phone: 250-538-8204, 06-25

🖒 please recycle 🗘

THE COWICHAN CONNECTION

Will be back in our next issue - Friday, July 9th, with more stories and events from the Cowichan Valley.

Contact us toll free at 1-877-537-2905 or info@islandsmarketplace.com if you would like your Crofton event or story featured.



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