

THE ISLANDS

EVENTS, ENTERTAINMENT & MORE
FREE CLASSIFIED ADVERTISING
EVERY SECOND FRIDAY

JANUARY 8, 2010

Marketplace

FREE

Volume 4 Issue 7

Your Gulf Island's Free Buy & Sell Magazine In Print & Online



**EVENTS
CALENDAR,
HOROSCOPE,
CROSSWORD &
SUDOKU PUZZLE**

**FEATURE:
CHILD HONOURING CENTRE
COMMUNITY WELCOME**

It was a Frigid Friday, on January 1, 2010, as brave polar bear swimmers dove eagerly into the waters of Vesuvius Bay on Saltspring Island.

Photo Collage by S. Poystila

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Weekday Specials - 15% off

- MONDAY:** Mani-day, 15% off Traditional Manicures
- TUESDAY:** Toes-day, 15% off Traditional Pedicure
- WEDNESDAY:** Waxing Wednesday, 15% off any waxing service over \$35.
- THURSDAY:** Massage Therapy Thursdays, 15% off 1 or 1 1/2 hr massage
- FRIDAY:** Fabulous Facial Friday, 15% off European Deep Cleansing or Deluxe Facial

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Skin Sensations
Day Spa and
Healing Arts Centre

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537-2905**

Toll Free at:
1-877-537-2905

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Get 2 credits for High School Graduation
& 6 months off your N waiting period.

Great gift idea!
Offered in January.
Call today, limited seating!

**CORNERSTONE
DRIVING SCHOOL**

Lorne & Shirley Bunyan **(250) 538-1733**

Happy New Year! Box 602, Saltspring Island, BC V8K 2W2
cornerstonedriving@shaw.ca

OUR NEXT ISSUE:
FRIDAY, January 22, 2010
Advertising Deadline:
Tuesday, January 19, 2010
 Circulation: 1400+ printed

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I am really looking forward to another great year of providing Really Good Stories, Lots of Excellent Events, Awesome Advertising Features, Puzzling Puzzles, Fun Photos and more Free Classified Ads. Can't forget the ads.

I always thought my passion was for graphic design, but maybe it's for classified ads. I've always liked them. When I started in the newspaper biz at age 10 (delivering) I would read the classifieds occasionally - I was looking for a pet kitty to adopt!

When I left college, with super fast typing certificate in hand, I got a job at a print shop that just happened to also print a Free Classified Ad magazine. The "Barter Book" was neat, it had lots of free stuff and lots of car ads - I was always looking for a cheap beater car to adopt!

Then Gerry and Vera hired me at the local newspaper and my passion, I mean addiction, for classified ads went out of control. I loved taking the ads over the phone. I would imagine what their boat or car would look like, in the driveway, with the For Sale sign on it. My display ad clients would get extra special attention, they'd get "THE BEST AD EVER"... with enough cute clipart and fancy borders to make you gag.

It would sometimes tear me up to do the obituaries, but I was a trooper - it was a dirty job, but it had to be done.

I guess I was pretty good at controlling my addiction, because they let me keep doing it for another 6 years.

After Black Press bought the

paper, I became the Official Classified Ad Manager. At least that's what I called myself, and sometimes Jim would say so too!

Yep, I was a real legend in my own mind.

Then I moved to "the city" to give animation school a go. But it was no use, I was "jonesing" for more classified ads.

Four more newspapers later, many more ads, and much more joy... And now, I begin this decade fulfilling my addiction, I mean enjoying my passion for sweet juicy, informative, glorious, classified ads... and they are all FREE!!! Well, most of them.

I hope you enjoy the ads as much as I do. Happy New Year!! ~ Sandi Poystila

Check The Ad Code!

The numbers at the end of every classified ad in The Islands Marketplace is a date stamp showing when the last issue is that the ad will be printed. For example: 01-08 means that the ad will not run after January 8 (this issue). Each ad is usually placed for three issues, or until someone asks us to take it out. Most NEW ads in this issue have the code 02-05 (Feb. 5 is the last issue that the ad will run.)

5 EASY WAYS TO PLACE YOUR AD FOR FREE



1. Call 537-2905 or Toll free 1-877-537-2905 to place your ad by phone. You can leave your ad on the answering machine.



2. Email your ad to freeads@islandsmarketplace.com. Include your phone number, description, category and price.



3. Upload your ad using our easy online adsite at: www.islandsmarketplace.com/adupload



4. Drop your ad off to Apple Photo on McPhillips Ave. Salt Spring Island in our dropbox (3rd box down on the left.)



5. Snail-mail your ad to 301 Mobrae Ave., Salt Spring Island, V8K 1J7

FRESH SEAFOOD

LIVE CRAB



- Available all weekend at the Centennial Dock - Free Delivery

VHF Ch. 16
 537-6280 / 537-9673
 Ganges, Salt Spring Island, BC

Islands Marketplace
 Office Hours:

Mon., Wed., Thur.
 9am to 3pm

301 Mobrae Ave. 537-2905

THE ISLANDS
Marketplace
FREE LOCAL CLASSIFIED ADVERTISING EVERY SECOND FRIDAY
WWW.ISLANDSMARKETPLACE.COM

301 Mobrae Avenue,
 Salt Spring Island, BC V8K 1J7

Telephone: 250-537-2905
 Toll Free: 1-877-537-2905
info@islandsmarketplace.com

Published by:
 Sandi & Andrew Poystila
Sales Assistant/Reps:
 Teresa Forbes, 250-537-2259

Contributing Writers:
 Georgiana Reehl,
 Jim Anderson, Ray Grigg
 Tracey Supina, R

About The Islands Marketplace:

Place your free ad if you are buying or selling non commercial items, by calling our number, emailing us, uploading your ad on our website or dropping your written ad off at Apple Photo. You can also mail it to us via Canada Post. Your ad will run for 3 issues and be coded with a number indicating the month and date that it will stop running. To repeat or delete your ad, please contact us. Ads may be edited for space or omitted for content. We accept no responsibility for errors or omissions. Our goal is to promote recycling and local small business with affordable advertising. We cover our printing, distribution and administration costs with paid business advertising. Press releases, stories and photos are always welcome and greatly encouraged.

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ACCOMMODATION

Island Farmhouse B&B and Health Studio: charming B&B rooms & healthy breakfasts; Massage and bio-energy healing also available. Winter rates. 250 653-9898 / 877 537-5912 www.healingandhealth@vpweb.com. 02-08

ANIMALS & ACCESS.

Misc. Horse tack and gear: saddle pads, blankets, lead lines, halters, mini-driving harness, pony driving cart, saddle storage frame helmet, boots and more. To inquire: 250 653-9898. 01-22

ANTIQUES

Brunswick ball rack and cue rack. Vintage 1920's. Appraised at \$250 each. Sell together or separate for best offer. Phone: 250-537-0796. 01-08

APPLIANCES

Wanted: Looking for a 24 inch apartment size stove in good condition asap. Phone: 250 537 9663. 02-05

Frigidaire stove, 30 inches wide, good, clean condition, beige older model, works well but oven needs a new element on the bottom. \$100 obo 537-2950. 02-05

Kenmore Washer 2007 \$225. Inglis Older dryer Free. Frigidaire Washer 2008 \$450. Frigidaire Dryer 2008 \$275. Excellent working order. Phone: 250-538-8990. 01-22

Jenn-Air downdraft full size propane stove, black, slide-in or free standing. Has electric convection oven: has dehydrator rack and top grill. Gently used. Paid over 3 grand. Best offer. Phone: 250-537-0796. 01-08

St. Clair wood burning stove. Two burner, side vented, top or front loading. White enamelled sides and front, excellent shape. Can be used to heat water to a storage tank. 16" x 27" x 40", w, l,h. tnggray@telus.net or 592.0835 if interested. In Victoria.. 01-08

ARTS & CRAFTS

Wooden Artists Easels, \$20-\$30 each/ as is. Phone: 250-537-5931. 0-205

2010 East Meets West Zodiac Calendar is out. Do you know that Chinese New Year (Year of the Tiger) falls on 14th, Feb. 2010, Valentine's Day. Plan ahead! All coloured zodiac calendar at \$20 each. Zodiac & other letter cards (with envelopes) at \$1.50 each. Studio Ling (250) 537-5784. Also available et cetera & Raven Street Cafe.

100% Canadian Organic Hemp hull for use in stuffing - \$2.50/lb - bulk discounts available. Call Gaurang 250 537-1792 or visit www.destinationom.com.

Upload your ad online at:
www.islandsmarketplace.com

ARTS & CRAFTS

AUSTRALIAN ABORIGINAL ART. Unique collection of Australian Aboriginal Art from Pintubi country in Central Australia. Acrylic paintings on Belgian linen depicting Jukurrpa (Dreaming) stories. Works by Pantjiya Nungurrayi, Nanyuma Napangati, and Miriam Napanangka. The artists are highly regarded throughout Australia and are also esteemed elders and cultural leaders in their communities. Each painting includes an authenticity certificate issued by Papunya Tula Artists Co-op with the cultural story and artist bio. Contact Andy at (250) 931-7899 or redochre@shaw.ca. 02-05

AUTOS FOR SALE

1992 Honda Accord EXR, 137,000kms, no rust, second owner, clean, reliable car. \$4900. 537-9981. 02-05

2000 Hyundai Tiburon, carbon blue, 180,000kms (highway driven), standard, front wheel drive, 2L, 4 cly, excellent on gas, new snow tires. Great condition. \$5400obo. 250-537-4190. 02-05

1986 Ford T-Bird for Sale. Sunroof, body in good shape, under 185 km, recent work (winter 2009) \$700. \$1350.00 drives it away! Phone: 250-931-1008. 02-05

1979 Ford Econoline van. Good working order with some minor glitches. Brand new exhaust. Raised roof, fully camperized ie fridge, stove, oven, hood vents. Located on Pender. Asking \$1000 obo Email for pics, questions, offers, etc. Phone: 250 538 2206. 02-05

ARE YOU READY FOR SNOW THIS YEAR? For sale Mazda MPV 4X4 1991 In good working order 217 km on it. We ask 2900 \$ or your best offer phone 250-537- 4143 Andrey. 02-05

1989 Dodge 3/4 ton 4 spd pick up. New wires and 7 way trailer plug. Runs great. No problems. \$1500 obo. 250-741-4375. 01-08

Lil Lucy's
New Year's Resolutions



1. I will not eat the children's toys, even when they are just trying to share them with me.
2. I will not lick my human's face after eating animal poop.
3. I will not steal my Mom's personal items and run all over the house with them.
4. I will try to remember that the diaper pail is not a cookie jar.
5. I will not throw up in the car.
6. I will not steal the other doggies balls and play "keep away" when I go to the park.
7. I will not eat the cats' food, before or after they eat it.
8. "Kitty box crunchies" are not food.
9. I will not chew crayons or pens, especially not the red ones, or my people will think I am hemorrhaging.
10. I will not run out of the yard.
11. I will not bark at our neighbours son, when he gets off the bus and goes home.
12. I will not wake Mommy up by sticking my cold, wet nose in her face.



Dave Phillips

"When in Doubt..."

BLAST it out!"

Bus: 537-2618 Cel: 537-7481

GANGES AUTO MARINE



**Zen Master Wolfgang says:
"Card or no stinking card,
we treat everybody the same.
Deal with it."**



537-9221

SERVICE AND REPAIRS FOR ALL DOMESTIC & IMPORT CARS & LIGHT TRUCKS

#3 - 290 Park Drive Below Dagwoods, behind car wash. Open: Monday - Friday 8am - 5pm

New for 2010

- Now taking TFN (til further notice) ads. Ad will run till item sells. Good for buying or selling ads only.
- Non-commercial ads will run for 3 issues maximum (6 weeks), unless client wishes to renew ad. Check ad code.

- All For Rent, Accommodations and Help Wanted will be considered commercial listings and cost 20 cents per word.
- Some of our ad rates have been reduced... Call 537-2905 or ask our sales reps for details.

THE ISLANDS
Marketplace
FREE LOCAL CLASSIFIED ADVERTISING EVERY SECOND FRIDAY
WWW.ISLANDSMARKETPLACE.COM

537-2905

The Islands Marketplace CALENDAR OF EVENTS

FRIDAY, JANUARY 8, 2010

Saori Freestyle Weaving Classes 10-Noon. No experience necessary. Contact Terri @ 250-537-8813 (www.saorisaltspring.com).

Rugg Huggers Baby & Parent Drop-In, 10:00-1:00 (includes light lunch) at Family Place, 120 Park Dr. (Behind All Saints Anglican Church). 250-537-9176. familyplace@ssics.ca

Library StoryTime: Author: Elsie Bonsell, introduces her new book, Gorsey the Horsey. For children in early grades and preschoolers. 1:00 at the Library

NOW SHOWING at The Fritz Cinema... BROTHERS and UP IN THE AIR. Check out movie times online at www.thefritz.ca or call 537-4656.

Roller Blading at the Fulford Hall on Saltspring from 7:30 to 9pm.

SATURDAY, JANUARY 9

Dad 'n' Me - Meet and eat pancakes with dads and kids at Family Place at 120 Park Drive, Saltspring. 8:30-10:30 a.m. 537-9176.

Night of the Living Sailors - Theatre Alive! presents a nautical literary evening and coffee house with Anthony Dalton, Derek Lundy and Kevin Patterson and Live Fiddle Music - 7:30pm at the SSI Sailing Club, Douglas Road. (no tickets - donations gratefully accepted)

SUNDAY, JANUARY 10

Jazz Night with Hugh Fraser at Moby's Oyster Bar & Grill. 7pm to 10pm.

Free BallRoom Dance Open House from 5 to 7 PM, Mahon Hall. Workshop and registration for classes. 250 537-5058.. kathy@ballroomonsaltspring.com

Argentine Practica: from 4:30 - 6:30pm \$5 at the Core Inn. Beginners Welcome! Info: Karen Pedersen 250-653-4589

MONDAY, JANUARY 11

Cowichan Bonsai Club, which has been serving North Cowichan for 8 years at the Crofton Senior's Centre (located at the base of Joan Avenue off the lower parking lot beside the Crofton Ferry Terminal). Meetings tonight - 7 pm to 9 pm. For more information please call 250-246-9871 or email pinkdragonfly@shaw.ca.

Parent - Child Drop-in, 9:00 - 12:30, at Family Place, 120 Park Dr. (Behind All Saints Anglican Church). 250-537-9176. familyplace@ssics.ca

MONDAY, JANUARY 11

Toastmasters Speaking at 7pm in the Crofton Room, Harbour House Hotel.537-2581. Guests Welcome.

Saori Freestyle Weaving Classes 1-3PM. No weaving experience necessary. Contact Terri @ 250-537-8813 (www.saorisaltspring.com).

TUESDAY, JANUARY 12

Sustainable Masculinity, A 10 week facilitated men's group starts today at the Core Inn, 7-9PM. Topics will include father and son relationships, sex, health, money, anger and authenticity, passion and play. Info & Registration: Robert Birch (250) 653-0036, farmboy@uvic.ca

WEDNESDAY, JANUARY 13

Moby's Pint Club. Beer and appy specials! Proceeds to local causes.

Swing Classes at Mahon Hall - 7pm. Contact-Morley 537-4898 or Julianna 537-1818.

GISS Acting Class 11-12 present Bram Stoker's Dracula at ArtSpring. 7:30pm.

Texas Hold-em poker fun at the Local Bar next to the Centennial Park, SSI at 6:30pm.

THURSDAY, JANUARY 14

Bingo at the Meaden Hall, Royal Canadian Legion, 7pm. 120 Blain Road.

Join us at THE LOCAL in January! Every Thurs. Awesome Local talent for OPEN MIC NIGHT (New faces Welcome).

Soul Shakedown at Moby's Oyster Bar and Grill, from 8pm to 11. Great Band, bring your dance shoes to this one!!

Open Mic Night at the Fulford Inn, SSI.

FRIDAY, JANUARY 15

Rugg Huggers Baby & Parent Drop-In, 10:00-1:00 (includes light lunch) at Family Place, 120 Park Dr. (Behind All Saints Anglican Church). 250-537-9176. familyplace@ssics.ca.

StoryTime: Kindness, kangaroos, koalas, an afternoon with the letter K.. For early grades & preschoolers. 1:00 at Library.

NOW SHOWING at the Fritz Cinema - The Princess and the Frog. 537-4656 or www.thefritz.ca for showtimes.

Rollerblading at the Fulford Hall from 7:30 to 9pm.

Saori Freestyle Weaving Classes 10-Noon. No weaving experience necessary. Contact Terri @ 250-537-8813 (www.saorisaltspring.com).

SATURDAY, JANUARY 16

Dad 'n' Me - Meet and eat pancakes with dads and kids at Family Place at 120 Park Drive, Saltspring. 8:30-10:30 a.m. 537-9176.

Argentine Tango Milonga every 3rd Saturday, 9pm, \$10. Info: Karen Pedersen 250.653.4589.

Truth, Trials and Tar Sands - at ArtSpring Theatre - A blockbuster post-Copenhagen review: Possible redemption for Canada? With Jack Woodward, James Hoggan and Alan Bibby. With Copenhagen behind us, it is clear that the tar sands are at the top of the list of environmental factors contributing to global warming. But there is one small Cree band at the forefront of the fight to prevent environmental catastrophe. There is a reception to follow with a book signing by Mr.Hoggan. Stay for a chance to speak with presenters. Admission: \$20 / \$10 (students/seniors) Tickets at door.

SUNDAY, JANUARY 17

Community Welcome at the Centre for Child Honouring from 2-4 PM All welcome. Refreshments. See page 9.

Argentine Practica at the Core Inn, 4:30 - 6:30pm \$5 Beginners Welcome! Info: Karen Pedersen 250-653-4589.

Jazz / Folk Night with John Charowsky at Moby's Oyster Bar & Grill. 7pm to 10pm.

MONDAY, JANUARY 18

Toastmasters Speaking at 7pm in the Crofton Room, Harbour House Hotel.537-2581. Guests Welcome.

Parent - Child Drop-in, 9:00 - 12:30, at Family Place, 120 Park Dr. (Behind All Saints Anglican Church). 250-537-9176. familyplace@ssics.ca

Leah Hansel will be interviewing three-time Olympian, mother, author and child advocate, SILKEN LAUMANN on SSI Radio CFSI 107.9 at 1:00pm. MARK IT ON YOUR CALENDARS! (And, please tell others! This will be one NOT to miss!)

TUESDAY, JANUARY 19

For all Toddlers & Preschool Aged Children (babies in arms are welcome) at Fernwood School from 10-11 am for 8 sessions. Facilitators: Sarah Shugar and Colleen Irwin. Registration at the first session, please come early and be ready to sing at 10:00am. Please email us at familyplace@ssics.ca or call the Family Place @ 250- 537-9176 for info.

WEDNESDAY, JANUARY 20

Moby's Pint Club. Beer and appy specials! Proceeds to local causes.

Swing Classes at Mahon Hall - 7pm. Contact-Morley 537-4898 or Julianna 537-1818

Texas Hold-em poker fun at the Local Bar next to the Centennial Park, SSI at 6:30pm.

THURSDAY, JANUARY 21

Bingo at the Meaden Hall, Royal Canadian Legion, 7pm. 120 Blain Road.

Open Mic Night at the Fulford Inn, SSI.

Join us at THE LOCAL in January! Every Thurs. Awesome Local talent for OPEN MIC NIGHT (New faces always Welcome)

FRIDAY, JANUARY 22

Library StoryTime: It's in the bag! Stories & surprises with Kaz. For children in early grades 1 p.m. at the library.

Rugg Huggers Baby & Parent Drop-In, 10:00-1:00 (includes light lunch) at Family Place, 120 Park Dr. (Behind All Saints Anglican Church). 250-537-9176. familyplace@ssics.ca

Saori Freestyle Weaving Classes 10-Noon. No weaving experience necessary. Contact Terri @ 250-537-8813 (www.saorisaltspring.com).

Pick up the January 22 issue of the Islands Marketplace or visit us online for your DIGITAL copy.

Roller Blading at the Fulford Hall on Saltspring from 7:30 to 9pm.

SATURDAY, JANUARY 23

Dad 'n' Me - Meet and eat pancakes with dads and kids at Family Place at 120 Park Drive, Saltspring. 8:30-10:30 a.m. 537-9176.

SUNDAY, JANUARY 24

Argentine Practica at the Core Inn, 4:30 - 6:30pm \$5 Beginners Welcome! Info: Karen Pedersen 250.653.4589

Jazz Night with Hugh Fraser at Moby's Oyster Bar & Grill. 7pm to 10pm.

MONDAY, JANUARY 25

Toastmasters Speaking at 7pm in the Crofton Room, Harbour House Hotel.537-2581. Guests Welcome.

Parent - Child Drop-in, 9:00 - 12:30, at Family Place, 120 Park Dr. (Behind All Saints Anglican Church). 250-537-9176. familyplace@ssics.ca

**** ALL EVENTS LISTED ABOVE ARE LOCATED ON SALTSRING ISLAND, UNLESS OTHERWISE NOTED.**

Advertise your event here! Email : info@islandsmarketplace.com for the next edition - January 22

AUTOS FOR SALE

1986 Ford Ranger TD,4x4, 250000km on stock Mitsubishi Turbo Diesel engine, 5speed. 6x9 speakers and has cd stereo with adio in jack and wire for playing music from mp3/ipod... The tires are near new mud and snow. pics available by email awalkingtree@gmail.com. Phone: 250 537 7534. 01-08

2002 Volkswagen Golf TDI 5 door,5 speed standard, dark blue, 220,000km, good tires,satellite radio, new wind-shield, great shape. \$7,500 obo. Phone: 250-931-1951. 01-22

1997 Dodge Dakota, 6 cyl., 132,000 kms, ex. shape. box liner, towing pack-age with 5th wheel trailer hitch. \$7950 obo. 537-9773. 01-22

1972 VW Bug for sale - a fun car to drive or the perfect collectors car. Superb interior, newly recond. engine, body paint with character but no rust. Bonus: over-sized tires, roof rack and extra vintage radio. \$4,000 obo. 250 653-9898. 01-22

Toyota Townace van, 1992, 84,000 km, 4WD auto, 2L turbo diesel, RHDrive, 2 sunroofs, captain's chairs, like new, top of line deluxe features. New timebelt, muffler. \$7800 obo. 250 537-0760. 01-22

1989 GMC S15, 2/5 litre puck up, new plus, wires, router, distributor cap, fuel pump and heater core. 289,000kms. \$1300 obo. 250-741- 4375. 01-08

AUTOS FOR SALE

1989 Trooper 4x4, 4 cyl. good tires with recent new head on motor. Exc. island vehicle. \$2000. 537-8969. 01-08

1997 Saturn SCS, 213,000km. Only driven on island. Previously owned by mechanic.Very good shape. \$3000.00 OBO. Phone: 250-538-7333. 01-08

Beauty 1979 Ford 250 custom 4x4. 400 v8 automatic .on propane. I have \$7000 invested. Will consider trades. stan 250-537-7486 or stanwharry@hotmail.com. 01-08

1991 Mazda B2200, it has 161,000 km's on it and is a 5 speed single cab with a long box (red). it is great on gas and very reliable. recently redone heads, new exhaust system and brakes in good condition. Has good back tires. \$2800 obo. Phone: 250 537-2571. 01-08

1989 Toyota Cressida station wagon for sale.\$300 drive it away. 250-537-7486. 01-08

Sell your car in The Islands Market-place... for free.

AUTO PARTS & ACCESS

Fibreglass truck canopy, fits chev long box, raised vanguard canopy has two sleeping bunks. Both Free. Phone: 250 537-0062. 02-05

Call 537-2905 to advertise

PRETZEL MOTORS



WE ARE PASSIONATE ABOUT YOUR CAR

**319 Rainbow Road
Saltspring Isl. B.C.
V8K 2M4
Tel: 250.537.4331**

Saltspring Auto Supply

Visit us for all of your Auto Parts & Supply needs

Open 7 Days A Week:
Mon. to Fri. 7:30am to 6pm
Sat. 8am to 5pm / Sun. 10am to 4pm



JB GROUP

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- BB Auto Supply
- Colwood Langford Auto Supply
- JB Downtown
- JB Precision

Ph: 250-537-5507
 106 Jackson Avenue, Saltspring Island,
 Fax: 250-537-2810 Email: ssap@jbgroupp.ca

Competitive Prices, Friendly Staff and ALL your Building Needs Under One Roof!!

Mr. Mark Rithaler,
 General Manager
 S.S.I. Division wel-
 comes all old and
 new customers of
SLEGG LUMBER
 to call him at
 537-4978 for
 all your building
 requirements,
 large or small.



Business Hours:
Mon - Friday:
 7:00am - 5:00pm
Saturday:
 8:30am - 5:00pm

“Why Pay More?”



Fax:
537-4945

Mark Rithaler
537-4978

AUTO PARTS & ACCESS

Tires for sale, 4 -Mud & snow P215/70/R15 1/2 wear, \$125. 2 - 225/60/R15 1 year used, \$125. 2-215/70/R15, used 1 year, \$125. 2-215/70/R15 new, mismatched. \$75 ea. Call 537-5482. 01-22

Wanted, canopy for 2005 Toyota Tacoma, 6'box, access cab. Phone: 537-7659. 01-22

AUTO PARTS & ACCESS.

Michelin winter tires - 185/65 R15 XICE 75% low mileage 4 for \$100. phone 250 537-5272. 01-22

Four winter tires, used for four seasons, 205/70R15, \$250. Thule "Weekender" cargo box, 56" by 36" by 14", \$100. Phone: 250 537-4687. 01-22

BIKES

2 nice mountain bikes with small gas motors for sale. \$300 each. Phone: 250-537-7486. 01-08

18 speed touring bike, comes with rack & panniers (carrying bags), suitable for traveling, commuting (groceries, etc.) \$140. 250-537-4514. 01-08

BOATS & MARINE

\$22000 - This 26 Tolly is beautiful, ready to cruise and priced right. The 26 Tolly-craft Sedan is the all-time best-selling model and has attracted a huge following as a durable vessel with the features of a much larger boat. Cruise in safety and comfort in this Tolly. Strong and well built. Both comfortable and economical. The dual helm stations make her perfect for cruising in all conditions and the large interior layout includes a full galley, enclosed head and comfortable accommodations for four. Great condition and maintained annually. Plenty of storage space with some upgrades including a brand new extended swim grid with ladder, recaulked, new bottom paint and new heavy duty zincs added this year. Unique dark blue hull, shows and runs great. She has been recently surveyed and all maintenance recommendations completed! Phone: (250) 537-4917. 01-22

BOATS AND MARINE

16ft. Chrysler Sailboat. 20 ft. mast, 2 sails, battons, centreboard, lines, etc. with trailer. \$1200 obo. 537-2950

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Bi-weekly horoscope contributed by Patrick Arundell. Visit his website at www.patrickarundell.com for more great features... see below.

ARIES Mar 21st - Apr 20th

With charm and good grace, so much is possible in your situation. However, if you decide that people are not jumping to attention quite as quickly as you'd like them to, you could face a rebellion if you demand just that. Saturn also starts to edge backwards, and this urges you to tread delicately around relationships. You may need to retrace your steps.

TAURUS Apr 21st - May 21st

Someone from your past keeps coming to mind. You may find yourself doing a search for them on-line. There can be talk of meeting up or a reunion. The interesting thing is, that only a while ago, you may have not been thinking so positively about them, but you can have a complete change of mind. Perhaps you're yearning for extra spice in your life.

GEMINI May 22nd - Jun 21st

By the end of this week, your ruler Mercury will have ended its long backward drag, but not before it reconnects with Pluto and squares with Saturn, much in the same way as it did early last month. Think back to then, because a thorny subject that arose may need revisiting. In love, if you are happy, things can be truly blissful, and warmly intimate.

CANCER Jun 22nd - Jul 23rd

If you're someone who tries to be obliging to others, the stars are urging you to stick up for your needs for a change. That may mean rocking the boat, but once people get used to the fact that you want to be taken seriously, the extra respect this generates will make any short term upset, worth it. If you are more forceful, someone can challenge or argue with you.

LEO Jul 24th - Aug 23rd

If you're attending an interview or applying for a job, as long as you don't try too hard you can do really well and your polished performance can snare you the role. Yet if you're already in employment, there can be a fair amount of tension and someone can be resistant to your charms. The more you try to placate them, the more irritable they can seem to be.

VIRGO Aug 24th - Sep 23rd

Someone you got chatting to late last year may have faded off your radar, but can come up in your mind again. There may have been a misunderstanding, but try to be generous in your attitudes, and there's a chance this can reignite. Finances however, can tighten up. You may need to trim back your social or entertainment budget to keep things in shape.

LIBRA Sep 24th - Oct 23rd

Saturn starts a reversal in your sign, and this is going to ask you to simplify your life through to the spring. However, you may find yourself feeling a little bit miserable if your emotional or home life is not quite as ideal as you'd like. If you feel trapped by circumstances or fate, a feeling of restriction can be tough to take. A familiar face can comfort you.

SCORPIO Oct 24th - Nov 22nd

You can receive a letter, email or document which may highlight some awkward issues. If you've been keeping information to yourself, you may not like it if people start to intrude or snoop, as you see it, in your affairs. If you need to write to confirm anything formal, be factual. If you try to skim over things, or disguise the truth, you can soon come unstuck.

SAGITTARIUS Nov 23rd - Dec 21st

Any love of rich or calorific foods which increased over the winter holidays may be proving hard to shake off. Have you got in the habit of indulging each day? If so, a shift may be needed. Set yourself some targets to be more active. Try to eat a more earthy diet. This will be a good thing, especially if your sweet tooth has been hard to satisfy of late.

CAPRICORN Dec 22nd - Jan 20th

Your mind can be super sharp and you can show wonderful dexterity. If you are looking to enliven your love life, take up a joint hobby. If you wish to stretch your intellect, you are in prime position to do so. And yet the Quarter Moon suggests that someone senior may take quite a lot of persuading. This reminds you that appearances do still count these days.

AQUARIUS Jan 21st - Feb 19th

A project that's been on the backburner or that you've been working discreetly upon, can now gain traction. This may have been a frustrating, perhaps even isolating period, but events are heading your way, more rapidly than you may realize. Yet you may find yourself needing to seek legal advice - if you feel someone has cheated you or has been deceptive.

PISCES Feb 20th - Mar 20th

Your long term financial position may require careful consideration. An old income can dry up or start to decline or you just may not enjoy what you're doing, and start to feel restless for a change of scene. The problem is that the things that are available may not match your expectations. Fortunately, your social circle can expand and a contact can help you.



Keeping it Reehl

Hummingbird Heroes

Advice, recipes and stories by **Georgiana Reehl**

When winter closes in around us and the dark and cold days are upon us, most of us spend as much time as we can indoors. When those winter storms hit, with snow, ice and high winds and we are safe and snug in our abodes, I am truly amazed at those tiny little creatures that somehow live through all that bitter cold weather.

Anna's Hummingbirds winter on Saltspring every year. I do not know how they do it. Little hummers are the smallest birds on the earth, and are only inches long. They have to maintain body temperatures of about 105-108 degrees, and their heart rate can range from 500 to 1260 beats per minute. They breathe up to 4 times a second, and can fly up to 60 miles an hour. They are the only bird whose wings rotate in a circle, so they can fly forwards, backwards, up, down sideways and hover in mid air. It is simply a miracle that such a tiny little ball of fluff can do so much and survive through the darkest and coldest winter nights.

Remember all this when you are thinking of bringing your hummingbird feeders in for the winter. Please keep them out. Sterilize them, and give them a good brushing at each refill. Black mould accumulates around the feeder holes and needs to be removed. Tend to them and make sure the nectar is 4 parts water to 1 part sugar and try to keep them from freezing. Those little creatures need all the help they can get. They are such a joy and their aerobatic antics are a joy to watch. Let's take care of our little miracle balls of fluff that somehow, someway make it through to spring.

And when summer comes again, if you happen to discover a hummingbird nest, which is no bigger than a toonie, please leave well enough alone. The parents are probably watching you.

I hope everyone had a special and memorable Christmas and my wishes for the best of everything for all of you in the New Year.

FUN RECIPES:

Courtesy of Judy Clark

Location: Jacksonville, Florida

Egg Drop Soup

Start with chicken stock. Bung chicken parts into a pot, fill with water to cover just a little over the chicken, bring to the boil and then turn down so the stock is not boiling vigorously. Once the Chicken is practically falling of the bones – pour it all into a strainer keeping the stock - strip the meat of the bones, return to the stock. Yum!

Ingredients:

- 4 cups prepared chicken stock, plus 2 tablespoons
- 1/2 teaspoon grated fresh ginger
- 1 tablespoon soy sauce
- 1 tablespoon cornstarch
- 2 eggs, lightly beaten
- 2 green onions, chopped, including ends
- Salt and white pepper, to taste

Bring stock, ginger and soy sauce to a boil. Combine cornstarch and 2 tablespoons of chicken stock and stir. Slowly pour in the cornstarch mixture while stirring the stock, until thickened. Reduce heat to a simmer. Pour in the eggs slowly while stirring the soup in the same direction. Take off heat. Season with salt and pepper and garnish with green onion. Serve immediately

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COMING EVENTS

COMMUNITY WELCOME at the CENTRE FOR CHILD HONOURING - January 17, 2-4 PM All welcome. SEE PAGE 9 FOR COMPLETE DETAILS.02-05

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Sustainable Masculinity, 10 week facilitated men's group starts Jan 12 at the Core Inn, 7-9PM. Come to a series of evenings where men can tell their stories, help each other rebuild their lives in productive ways, develop instinctive awareness, and create more meaningful lives. Topics will include father and son relationships, sex, health, money, anger and authenticity, passion and play. Cost: \$230 - \$325 sliding scale (some scholarships available). Info & Registration: Robert Birch (250) 653-0036, farmboy@uvic.ca

January 20th - Leah Hansel will be interviewing three-time Olympian, mother, author and child advocate, SILKEN LAUMANN on SSI Radio CFSI 107.9 at 2:30pm.

The Coaching Accelerator - a dynamic one-day Coaching Intensive, on Saturday, January 30, 2010 from 10am-5pm. Call Leah Hansel at 538-8718 for details.

Community Welcome at the Centre for Child Honouring

Now that the Centre for Child Honouring has a beautiful home at 291 Long Harbour Road, the first event planned is a Community Welcome on Sunday, January 17th from 2-4PM. This will be a joyous, all-ages, open-house-style celebration involving music, art, information and refreshments. Salt Springers can view the lodge where programs will be launched in February and learn more about Child Honouring and the work of the Centre.

At this new non-profit Centre, the people who can benefit children most, from parents to educators and legislators, will learn how to help their own children and those of the world in greater ways. The Child Honouring philosophy is based on respectful love expressed through knowledge of the developmental stages of childhood and the skills required to meet the differing, priority needs of each stage. Child Honouring is the wise nurturing of a child's growth toward a healthy, self-aware and peaceful adulthood.

This offers an invitation to explore the world of the child; it is not a prescriptive philosophy. There are two core principles of Child Honouring. The first is to directly improve the treatment of children and the second is to ensure their well being by conserving the Earth they'll inherit.

Child Honouring offers a wide but focused decision-making "lens" through which we can look to see how our children's future may be affected by every choice we make. For example, breast milk is by far the most nourishing food for newborns and babies. Yet even mother's milk is contaminated worldwide by toxins such as trace amounts of PCBs and Dioxins (Natural Resources Defense Council.) No one intended the planetary use of many untested chemicals to enter



Everyone is welcome to visit and explore The Centre for Child Honouring on Sunday, January 17, 2010. Inset photo: Child Honouring Founder, Raffi Cavoukian.



breast milk: they were not thinking of the world's children.

However, this "side effect" shows us that the physicians' oath, "First, do no harm," might well be adopted by other wise decision makers.

Some other issues we must look at through Child Honouring are clean drinking water and global warming. On our "blue planet" we know that two thirds of the world's people will not have access to uncontaminated water by 2025 (The Council of Canadians.) Global warming threatens millions of families whose land will be covered by the sea and a third of the world's plants and animals may be lost by the century's end (World Wildlife Fund). This is an inheritance no one wants our children to suffer.

By looking through the Child Honouring Lens, we can see another, better global future and practical ways to change it for the better with a "Children First" philosophy that offers remedy and hope for co-creating a nurturing world that is fit for children.

Founded by Raffi Cavoukian, Child Honouring is his legacy work. The Centre's Board of

Directors consists of many experts, three of them from Salt Spring. The official website is: childhonouring.org. Local bookstores carry the informative anthology on this topic and copies of Raffi's "Covenant for Honouring Children" will be available at this free event. All are welcome.

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COMING EVENTS

The Salt Spring Chamber Players will be performing on February 21st, 2010 at ArtSpring at 2:30. Music of Albinoni, Tansman and Schubert. Performers include Jim, Laurie and Matt Stubbs and musicians from Victoria.BC. Info: 250-537-9290. 02-19

Breast Cancer Support Group. Call Teresa at 537-2259 or Deb at 930-5333.

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A New Decade for Global Consciousness

by Ray Grigg

The heroic efforts at Copenhagen in December of 2009 failed to reach a binding international agreement on greenhouse gas emissions because such a global consensus requires a sea-change in human consciousness that does not yet exist.

In reality, humanity is still a divided community of different values, interests and objectives without a collective sense of urgency. The willingness to cooperate on a subject of worldwide concern such as global climate change means different things to different nations. For some poor countries, it means assistance in combating the effects of climate change while reaping financial and technological benefits that will help them achieve greater affluence. For some rich countries, cooperation means concessions to other nations and a consequential erosion in their own autonomy as they relinquish national interests for the well-being of the collective world community.

If global climate change is to be addressed, the concessions to be made by those countries that have won the competitive battle for resources and power will be greater than for the losers. Indeed, as the economic disparity between rich and poor countries continues to increase, the concessions expected from the winners will grow correspondingly greater. Not surprisingly, strong nationalists in wealthy countries have an instant aversion to international agreements such as the Kyoto Protocol and its proposed successor, the Copenhagen Accord. Nationalism, the equivalent of tribalism, still perceives the world as compartmentalized. Until it can construe cooperation as self-interest, it will reflexively resist any consensus agreements to address global climate change.

But all countries will eventually impose limits on greenhouse gas emissions when they are forced to do so by either strengthening scientific evidence, by rising public concern or by traumatic climate change. However, reaching binding agreements by negotiation is the preferable option, the one that remains available until environmental conditions deteriorate beyond a certain tolerable limit. Once dramatic weather events and social disruptions reach an undetermined intensity, nations will be too engrossed in their own protective interests to trust, help or cooperate with others. Fragmentation and suspicion will become the new global norm.

This is the most worrisome result of the failed objective of reaching a binding agreement in the Copenhagen Accord. For a slowly escalating crisis such as global warming, the opportunity for nations to cooperate exists only for a short time after the threat is identified. Efforts to act too early can easily fail because the severity of the threat cannot be accurately assessed. But wait too long and deteriorating climatic conditions may force nations to erect protective barriers that reduce opportunities for cooperation.

The unresolved character of the Copenhagen Accord will set in motion a year or more of complex multi-national discussions. The overwhelming risk to the success of these talks is that controls on greenhouse gas emissions are inextricably linked to almost every nation's vital interests: resources, trade, technology, culture, identity, standard of living, food and energy security, et cetera. Since poor countries usually aspire to the affluence of rich countries, they perceive the global climate threat as both an opportunity to improve their well-being and a looming ecological disaster.

But rich countries are averse to paying "reparations" or "conscience" money for historical industrial "wrongs". They want to measure greenhouse gases as largely an emissions issue. For them, social justice, financial assistance and technological sharing are just complex

Author Ray Grigg writes a weekly environmental column, Shades of Green, which is published regularly in the Campbell River North Islander.




attachments to the essentially quantitative matter of too much carbon dioxide going into the atmosphere. Cooperation and financial assistance to poor countries will cost them billions while eroding their margins of competitive advantage. The failure to agree on the kind, amount and supervision of financial assistance to poor nations was a key element in the failure to reach consensus at Copenhagen. At the same time, however, cooperation must eventually supersede competition on a planet where most forces are acting globally, whether they be through economies, politics, culture, security or interconnected ecologies.

This conflict between cooperation and competition will be an essential concern of the next decade as nations attempt to resolve the difference between domestic interest and collective interest. How are the priorities of individual nations to be balanced with the well-being of humanity when the two are so often inseparable? On a shared planet of limited resources, of finite space and of stressed ecologies, we must find a more cooperative way of relating to each other and to the planet as a whole.

The Copenhagen meeting was an ambitious exercise in hope, an heroic effort to find a new way for a rising human population with growing needs and expectations to live together on a shrinking and distressed planet. Like the meeting in Kyoto, Copenhagen was just another step on a long and challenging journey toward a global consciousness that will eventually translate into collective behaviour that is globally coordinated and wise. We really don't have another viable option.

If the Copenhagen meeting was not entirely successful because it was too ambitious, it will inspire ongoing discussions and agreements. The coming decade will be critical as the imperative and pressure to cooperate intensifies. Humanity is rapidly running out of time and excuses on its faltering way to maturity.



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Unless Everybody Wins...



Jim Anderson is a writer living on Saltspring. He is working on a metamorphosis of the human mind. © 2010 by Jim Anderson, Saltspring Island

At a concert with Bruce Springsteen and the E Street Band, the Boss opened up by saying, "Remember in the end... nobody wins... unless everybody wins." And in that rarified atmosphere of spectacular light show and driving powerful rhythm with thousands of us just mainlining joy resonating to the lyric poetry and inspiration of beautiful vibrating music those words seemed right...made sense. Like a tuning fork all of us reverberated to that dream and that vision. But wandering out of that concert into the world at large that joy and that illusion did not last. In the real world where all of us strive and torture to win, the simple reality is that if we are gifted, driven and relentless enough to win, someone else has to lose. In the architecture of our minds, someone always has to lose.

We cannot truly believe in and conceive of a world where everyone wins. Today, this is a gravely serious problem. We must find a way to come together and find a way for all of us on earth to win, or we will not survive.

We can come together. In desperate tragedy we can find a way to win together, even facing insurmountable

odds. Almost 25 years ago an 18 month old baby, Baby Jessica, fell deep into an 8 inch wide well in Midland Texas, and the whole world stopped and raged to try to save her tiny life. Against impossible odds we created a miracle and rescued her safe. And for one shining moment all of us won, together. Earthquake, Tsunami, Typhoon. Cataclysmic disaster. Human beings can step outside of their lives and reach out into hopeless terror together. It is possible, it can happen. But it just does not last.

Not that we haven't tried to do things differently. In our human history, there are many examples of societies where we tried to create a social structure and ethos crafted around the dream of everybody winning. The Northwest Indian Potlach culture, and other Gift economies were founded upon the revolutionary idea of giving what you have to others with no "quid pro quo" or medium of exchange. They centered upon altruistic and selfless giving that celebrated the harmony of social communion and validated the ultimate worth of every human in the society, hoping to define and propagate a culture of "pay it

forward" in our world. But they did not survive. They did not last. In the end overwhelmed and eroded with selfishness and ignorance and our fear for our own personal survival the dream where "everybody wins" was abandoned.

In the last century Utopian Socialism driven by the draconian inhumanity of the Industrial Revolution precipitated into the Grand Social Experiment of Communism. And in a wrenching, violent social revolution that at catastrophic cost in human blood and life and generations of social upheaval the machinery of a central and totalitarian state was created. Conspired around the doctrine of "from each according to his means, to each according to his needs," it sought to engineer a world where the terror of want and the violence of need would be taken out of the social equation, and human society freed from greed, ego and exploitation would be allowed to blossom into a "classless", equitable collective where everyone shouldered the responsibility for true social justice. That dream died a horrible death in our modern world. Corruption, hypocrisy and oppression from within. Greed, treachery, deceit and ruthless economic and military pressure from without finished it off.

But it really died for another reason. The truth is that Capitalism didn't really win over Communism. The dream just self destructed. It went the way of all dreams for Utopia in our world. From the beginning in spite of all the hope, vision and massive effort that dream is always the walking dead in our world. It is just a matter of time until it collapses in mortal pain and terrible agony.

And the secret truth is that it dies because it cannot be imposed by fiat or coercion from above or without. The dream of a perfect world where everyone wins will never survive in our world unless it comes from a source and a center inside us all. Unless we all find a way to believe in it and create a new architecture and vision not yet born in our consciousness and our civilization, here on earth.

Another year... another decade. But there is a much more profound threshold and challenge ahead. Not just a New Year... but a New World. Where human beings create the architecture of a world where "everybody wins." Where our children's children survive. And the dream never dies.

Comments, criticism, compliments?
Talk to me: sevenunion77@shaw.ca

The Islands Marketplace CROSSWORD PUZZLE

Puzzle answers are on page 15 of this issue.

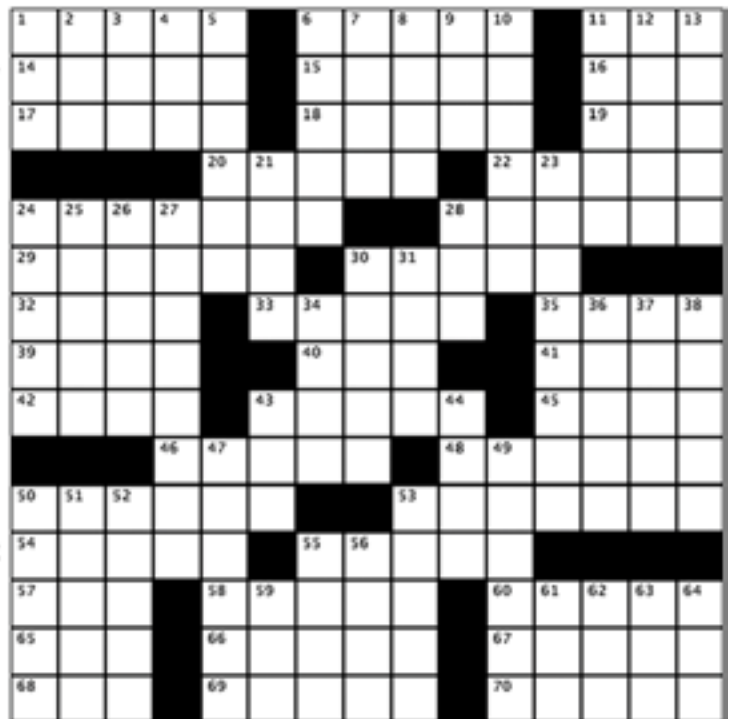
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Across

- 1- Rubbish; 6- Bed down; 11- A dynasty in China; 14- Lofty nest; 15- Brit's bottle measure; 16- 100 square meters; 17- Provide food; 18- Icon; 19- Plant; 20- Deadens; 22- Pertaining to punishment; 24- Shed, as a crab's claw; 28- Fur skins; 29- Lament; 30- Each partner; 32- The doctor ____; 33- Sleep disorder; 35- Not kosher; 39- Electric fish; 40- Gasteyer of "Saturday Night Live"; 41- Back; 42- Editor's mark; 43- Mature; 45- Aware of; 46- Martini's partner; 48- Inflammation of the ear; 50- Straight downhill ski run; 53- Corrosive; 54- Introduction; 55- Muse of lyric poetry; 57- Aurora's counterpart; 58- Synthetic fiber; 60- Pointed arch; 65- Admiration; 66- Aegean island; 67- Ancient Greek city-state; 68- Genetic messenger; 69- Form of lyrical poem; 70- Mends a shoe;

Down

- 1- Tic ____ Dough; 2- Actor Stephen; 3- Illustrative craft; 4- Sprechen ____ Deutsch?; 5- Rupture; 6- Thin glutinous mud; 7- Leg or arm; 8- Greek letters; 9- Unit of energy; 10- Voyeur; 11- Lacks; 12- Bellowing; 13- In a fresh manner; 21- Annapolis sch.; 23- Sheath-like; 24- ____ Irish Rose; 25- Attack on all sides; 26- Look happy; 27- Interpret; 28- Green shade; 30- Affectation of sophisticates; 31- Meat dish; 34- Cushions; 36- Oscar de la ____; 37- Kind of kitchen; 38- Frozen dew; 43- Beast of burden; 44- Bender; 47- Seep through, biologically; 49- Soldiers; 50- Chucked weapon; 51- Headgear of a monarch; 52- Old Testament book; 53- The house of a parson; 55- Patron saint of sailors; 56- Crucifix; 59- Dr. Dre's genre; 61- Sticky substance; 62- Sick; 63- Compete; 64- Pothook shape;



FURNITURE

From Thailand - Teak coffee table with carved elephant heads on each end and carved legs. 21"x32"x8". Asking \$100. Call 537-9981. 01-08

Maple buffet & hutch, very good condition \$75.00; 2 wood slat day-beds & foam mattress ea \$45.00; brown leather couch & 2 chairs \$100.00 set or best offer. Call Wayne or Irene. Phone: 250-246-2006. 01-08

GRAPHIC DESIGN

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BlueAir 205C Hepasilent Air Purifier For Sale. A high quality Swedish made air purifier suitable for people with allergies, asthma, & other respiratory conditions. Captures 99.97% of 0.1 micron particles, including allergy-provoking pollen grains, dust mites, mold spores, and pet dander particles. Carbon filter removes VOCs. Nearly new. Includes 1 new replacement filter. Retail for \$499 + taxes. Sell for \$385. Phone: (250) 931-7899, redochre@shaw.ca. 02-05

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HOROSCOPE

Learn about your lovelife, health, work and wealth in 2010. Have your personal horoscope emailed to you. With over 12 years experience, astrologer Patrick Arundell provides intelligent, accurate and unique insight into the ancient craft of astrology. Visit www.patrickarundell.com for accurate daily and weekly horoscopes, anytime. Check your horoscope online at: www.astrology-enterprises.com.

HOUSE SITTING

Housesitter available or house swap - Reponsible Calgary home owner wishing to house-sit or house swap for July/Aug. silks@shaw.ca (403)242-6102 Norene. 02-05

JEWELRY

Turquoise necklace, \$175 and Rainbow stonset pendant and earring set. \$100. 537-1263. 01-08

LOST & FOUND

Brown wool, gauntlet style mitts were lost. Please call 537-5107 if you have found them. 02-05

The Islands Marketplace is proud to be Salt Spring's only 100% locally printed and published magazine.

MEDICAL

Packages of First Quality Adult briefs, X-Large fits waist size 59" to 64", 16 briefs per package, \$10.00 per package, or I have 2 cases with 4 packages in it for just \$30.00 per case.. a total of 84 briefs per case..Advanced Zoning System as well as odor control, for either male or female.. I am in Crofton so I am sorry I can not deliver.. Phone: 250-324-3465. 01-22

MISC. FOR SALE

Older Electric Singer Sewing Machine in wooden cabinet with lots of attachments As is: \$30. Ph: 250-537-5931. 02-05

Wine/Beer making glass or plastic carboys with air locks. \$12.50. Phone: 250 537-2947. 02-05

Wooden Artists Easels, \$20-\$30 each/as is. Phone: 250-537-5931. 02-05

Snake fence or vertical posts: good quality, heavy cedar split rails. 10 foot lengths. \$1.25 @ foot or \$12.50 each. 50 on hand. Phone: 250-537-5168. 02-05

Pool Table (\$175): 4'X8' size, several cues, rack, scoreboard, snooker and billiard balls, etc. Great fun for the kids! Queen Size Futon Mattress (\$35), clean and cozy. Call: 653-0005. 02-08

New 12X20 galvanized culvert - \$250; 3 hydroponic flood drain tables with pump - \$100 / lot; 2 Stainless steel prawn traps with app 250 lead line \$50 ea; 100 amp meter box and mast (needs stud) \$50; 36 invisible screen door \$10; 6 Topper floats for dock \$10 ea. Gordon Ford 250 537-9601. 01-22

Wood stove for sale. Old parlor stove; double cook top; front and side loading doors; no cracks; impeccable condition. An art-piece unto itself. Lots of pictures upon request. Not CSA. One of a kind \$200. Phone: 653-4443. 01-22

Reverse osmosis under the counter water purification system. 3 filters and storage tank. In good working order. New membrane. Professionally maintained. Phone: 250-537-4311. 01-22

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MUSICIANS

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The Islands Marketplace ☆ **SUDOKU** ☆

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answers on page 15



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MUSICAL INSTRUMENTS

Hartke 3500 Bass Amp and Gallien-Krueger 4x10" Speaker Cabinet. Both in excellent shape. Each \$385. or Both \$750. Serious Inquiries Only. Phone: 250-537-5931. 02-05

Fender Jazz Bass 5-String Black & White, Mint Condition: \$500. Gig Bag Included. Phone: 250-537-5931. 02-05

Digitech RP80 Modeling Guitar Effects Processor Foot Pedal. Classic amp and acoustic guitar modeling and effects on two foot-switches. A pallet of of program-mable studio quality effects with built-in expression pedal. Built in drum machine and chromatic tuner. Stereo outputs. Includes AC adaptor and/or AA Batteries New: \$150 Now: \$75 O.B.O Call: 653-0005. 02-05

Bass Amp and Speakers: \$750 both, \$395 separate: Hartke 3500 Bass head, Gallien Krueger speaker cabinet 4x10" SaltSpring Island 250-537-5931 Serious Inquiries Only. 02-05

POULTRY

Small happy bantam barred rock flock for sale. two roos, one small, silver and showy, and one bigger and good for making table bird offspring. the flock contains four 16 month old hens laing loyaly and two or so pullets nearing point of lay. Asking 70 dollars. Phone: 250 931 8195



This is what I was thinking.....

By Tracey Supina



New Year's Resolutions

New Year's resolutions have changed for me from year to year. One that is always the same is to lose weight and get healthy. One year I joined the gym, the next year I joined another gym because I thought it would be easier and then the year after that I went back to the first gym I joined just to lose a whooping 5lbs and several dollars out of my bank account. Not really sure why I was mad at the gym membership but I ripped up the card. Last year and this year I vow to get organized, and return my phone calls before everyone forgets who I am. So far so good I only forgot to return one phone call....oops to my brother one would think he understands but no. I had to go into my whole resolution to return calls so now he will test me all year long. My big one this year is to rise above the little things, don't sweat the small stuff(to copy the title in a couple of books.)


So I ask why is it so hard to keep a New Year's resolution, could it be too big and too

soon? Maybe vague and unrealistic goals, weak self control? I believe that a resolution can be kept, a realistic one, a resolution that you can see and monitor perhaps a goal to work towards.

New Year's resolutions date back to the early Babylonians who believed that what a person does on the first day of the New Year will affect what they do all year long. Good grief I hope not I really don't ever remember being very intellectual and energetic on the day after a New Year's eve whoop it up celebrate midnight in every country kind of evening.


Many people look at this time of year as a new start, I say a new start on old habits, and I don't believe that many of us have bad old habits. Embrace who you are, if you want a change then change if you want to have a resolution make it, statistics aren't in favour of the resolution but it really isn't up to the stats is it? It is up to you. Happy New Year and all the very best for 2010 resolutions and all.

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PRAYER TOOLS

Custom Buddhist/Hindu Rosaries made on SaltSpring Island. NEW THIS YEAR handmade on-island Statuary. Visit www.destinationom.com for details or call 250-537-1792.

REAL ESTATE WANTED

Couple seeks land to own in exchange for work on farm/home/garden/other.

Also in need of shower facilities weekly - exchange cash or Reflexology treatments. email: firephoenix@live.ca (no phone at this time). 02-05

RENTALS

Salt Spring Cabin - 1 bdrm & loft, sunny, newer designer cabin on bus route near Central. NS/NP avail Jan 1. \$900/mon. Markus 537-4579. 02-05

Cozy, one bedroom furnished cabin with electric heat, woodstove fireplace. Lake-front views, park-like grounds in private and quiet forested setting. N.S./ N.P. Avail. Jan -Apr @\$775/month (inclusive). Suits quiet single or couple 537-5977. 02-05

Spacious room in sunny, southend heritage home. Pastoral views, hiking trails, close to mountain and sea. Own phone-line, separate 2pc. bathroom, separate entrance, fir floors, partly furnished, Share the kitchen, workshop, washer/dryer and garden. Suit employed, healthy living, close to nature and non-smoker. No pets. References? \$500 - includes utilities. Phone: 653-0005 Email: sundog@peterprince.com. 02-05

Clean, cozy, one bedroom cottage, furnished, minutes to Bennett Bay beach, available for monthly rental until end of May 2010. Wood/electric heat. \$700./month. Suit single person or a couple. mayne539@yahoo.ca. Phone: 250-539-3195. 01-22

RENTALS

Workshop / art studio for rent in excellent downtown Ganges location. \$250/month. Call 537-5968. 01-08

New, Bright, furnished bachelor suite avail. for LongTerm rental. Close to town (Long Hbr), private. \$600/mo includes hydro/water. P: 250-537-4579. 01-08

RENTALS SHARED

Small family looking for a one or 2 bedroom house or cabin. Shaw capability and wood stove preferred. 700-(1000 for inclusive) range. any leads are appreciated, please call. 02-05

RENTALS WANTED

Professional family looking to rent a house (3 beds or more) from May/June 2010 onwards, on a long-term lease. We're a happy, clean lot with an older and very docile labrador. Woodstove would be great as would a garden and the ability to have high speed internet. If you're looking for a dependable family to rent your home, please email Anna at alus@shaw.ca. 02-05

Seeking an affordable place for me and my kitten, about \$375-400 for rent. Close to ganges, fulford, a bus route or a good hitching road would be ideal. it could be a house-sit, temporary, short-term or long-term. please call or email me at 250-891-5233 or krisonyx@gmail.com. 02-05

Mature single professional is seeking a cottage/small house for rent in a private setting as a getaway from Vancouver, either a sublet for January and February, or possibly if reasonable a long term rental for part time visits to the island. Phone: 604-266-2923. 02-05

RENTALS WANTED

I am wanting to move from Victoria and am looking to rent a house or a room. Beautiful and treed and cozy and free of grossness and lovely would be nice. Vehicle non-existent now. Phone: 250-380-6866. 02-05

RENTALS WANTED

Looking for an acreage to park my 27' foot 1 bedroom self contained trailer. i need access to electricity and internet (don't mind paying for the hookup for both). Phone: 250-537-7486. 01-08

RIDESHARE

Would like to car pool for 11 o'clock swim at Rainbow Road Pool. Mon. Tues. Wed. & Friday. Long Harbour area. Call Mike 250-931-0090. 02-05

SPIRITUAL

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Golf Clubs - Men's right handed metal woods. All with graphite shafts and head covers. Driver, #3 and #5. New condition. Great christmas. \$50 for all Three. - Phone: 250 - 537-4017. 01-08

WANTED

Couple looking for shower facilities weekly, while we are looking for work and accomodation on the island in exchange for cash paid or Reflexology treatments. Email: firephoenix@live.ca or leave phone number on board at SaltSpring coffee cafe (Ganges) for Tom and Lutquet to call U. 02-05

WANTED

Children's costumes wanted for free for child with disability. Call 653-9556. 02-05

Wanted motorcycle 250-600cc size. Phone: 250-653-4352. 02-08

All I want for Christmas is a new "old" Lazy-Boy Rocker Chair... Email.....starwalkergray@netscape.net. 02-08

Seeking Additions To discoveryisland.ca photos, videos, information, historical documents, letters or anything new and old you feel may add to discoveryisland.ca about Discovery Island off Victoria, BC. www.discoveryisland.ca Email: info@discoveryisland.ca. 01-08

Quality television antenna. Phone: 250-537-2030. 01-22

Punch bag wanted to buy for teen. 250 653-9898. 01-22

Wanted: Rock tumbler and rock saw. Call 653-4640. -01-08

I am looking for a good quality (performance level) digital piano. Yamaha preferred, but any good digital considered. Phone: 250-538-1638. Email: rmoshontz@shaw.ca. 01-08

WORK WANTED

Home and property services. landscaping, fencing, broom and brush removal, rubbish removal, light hauling. well tooled and ready now. Phone: 250-537-7486. 02-05

Student looking for part time work on either friday saturday or sunday can do all days. Phone: 250 537-2578. 01-22

Graphic Designer Needed... call me...537-2905

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SUDOKU ANSWER

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THANK YOU

Thanks to everyone who has been involved in the creation and success of the Islands Marketplace Magazine... sales staff, writers and even babysitters, past and present.

Thanks to our fabulous community, our readers and especially our business advertisers who make it all possible.

Thanks to Andy for putting up with me on deadlines... and more.

It is your kindness and support over the years that has made it all worth it. We look forward to another year of publishing Salt Spring's Buy and Sell.

~ Sandi Poystila, publisher

CROSSWORD PUZZLE ANSWERS

Answer for this issue's puzzle

Provided by BestCrosswords.com. Used with permission.

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